SUNY Chancellor Nancy Zimpher’s 48th SUNY Campus Tour

By Yvonne Wood/Editor

Nancy Zimpher became the 12th and first female Chancellor of the SUNY system on June 1, 2009. Since then she has embarked on a 64 campus wide tour.

Upon her visit Delhi became the 48th campus the Chancellor has set foot on. Already she has inspired many throughout New York State’s Higher Education System and her time at Delhi was no different.

Continued Zimpher’s Vision page 8

Welcome new students! Instead of a “traditional welcome letter” from the college president, I thought I’d share my “Top Ten Tips for Success in College.” I wish you a terrific start and a successful year. Here are my “Top Ten.”

10. Go To Class, Go To Class, Go To Class! It’s hard to believe, but you won’t know what’s going on if you don’t.
9. Visit the Resnick Learning Center – Lots more than lattes and muffins here. Learn about tutoring, opportunities to work on campus, and more!
8. Get Involved! Students involved with campus activities are happier and more academically successful. Join a club, attend a concert, volunteer. An excellent way to figure it all out is to attend the Student Activities Fair, September 22, 7-10 pm in Clark Field House.
7. Explore The Campus – Know the best eateries? Know the best place to study? Know where commuters hang out? Learn about the campus so you own the best spots.
6. Learn About The Community – The Village of Delhi is more than the bank and the post office. Take a walk, make note of the businesses that honor “Delhi Downtown Dollars (3D)” where you can buy stuff and charge it to your 3D account.
5. Be Healthy – College is a brand new start. Resolve to eat smart, exercise and get enough sleep. Check out the Clark Field House and CADI Fitness Center. No excuses!
4. Ask Questions – Everyone who works at SUNY Delhi is committed to your success. We just can’t wait to help you, so ask!
3. Make A New Friend – With more than 900 first-time, full-time students on campus, your new best friend awaits you! Make an effort to get to know some of the 900—you might make a BFF.
2. Get To Know Your Advisor – Your advisor should be your new best bud. She can help you with all things academic. Make visiting your advisor a priority.
1. Come Say “Hi” – My office is 125 Dush Hall and I really would like you to stop by to introduce yourself. I love meeting students and, besides, you never know when it might come in handy for you to say, “I know the president.”
Letter From The Editor

By YVONNE WOOD

Welcome students new and returning to SUNY Delhi! Our special Orientation Issue of the Campus Voice is chock full of useful information and friendly advice. Be sure to keep up with everything happening on campus whether you read it in print or online.

The best advice I can give any student is GET INVOLVED! Whether it’s community service, a club/organization, or attending any of the great student programming Delhi has to offer, if you do it you’ll have fun and meet new people. A well adjusted student will do better in classes and feel more satisfied with their experience in higher education.

So What Are You Waiting For?!

Pizza Party

Meet the Campus Voice: Thursday September 3rd at 5:15pm

Contact our staff at: campusvoice@delhi.edu

O’Connor Center for Community Service

201 Thurston Hall
Farm Fair and Concert featuring the Horseshoe Lounge Playboys
September 6, 2009: West Kortright Centre, East Meredith, to benefit the West Kortright Centre

Blood Drive
September 9, 2009: on campus to benefit the American Red Cross

Woofs n’ Wags Pet Walk
September 19, 2009: Legion Field, Delhi to benefit the Heart of the Catskills Humane Society

Community Service Orientation Workshop
date tbd: on Campus

Family Day
September 26, 2009: on Campus

Community Service Day
Oct 17, 2009: on & off-Campus to benefit our campus and local organizations such as Bright Hill Press, Countryside Care, and Delaware Opportunities

Conference on Volunteerism
November 7, 2009: SUNY Oneonta, partnering with Hartwick College Beyond Bounderies, Oneonta Job Corps and the Center for Social Responsibility and Community

Blood Drive
November 11, 2009, on campus to benefit the American Red Cross

Puppies & Kittens
Sign up in the OCCS to take a Heart of the Catskills shelter animal to the Countryside Care nursing home.

Other groups we have assisted:
Big Buddy Program, Golisano Children’s Hospital, Hanford Mills Museum, Delaware County Arc, Roberto’s Kids, Adopt a Grandparent, Relay for Life!!!

Elizabeth Sova - New OCCS Coordinator

The S.U.N.Y. Delhi Division of Student Life is pleased to welcome Elizabeth Sova as the new coordinator for the O’Connor Center for Community Service. Elizabeth has come from a long background of doing community service since her high school days in Syracuse, NY to her work for the local non-profits here in Delaware and Otsego Counties. She has coordinated events such as the Delaware Academy Bookfair, zany fundraisers for a local performing arts center, and the annual conference for the Upstate History Alliance and the Museum Association of New York. As the parent of a college junior, she is looking forward to working with some of the students she has known since they were in pee-pee football, and meeting the students who have found their way to our beautiful community from all over New York, the USA and the world! This summer Ms. Sova has been working on developing a database to better track the many hours and events that Delhi students have put in. So, hopefully, by the time you have come over to see her, she’ll be able to tell you with a click of the keyboard how many hours you’ve worked on community service, and what events you may have attended! Besides the Blood Drive on September 9th, we need volunteers for the Heart of the Catskills “Woofs ‘n Wags Pet Parade” sub-titled Mutti Gras on Saturday, September 19th. Sign up for that if you love dogs, cats, puppies and kittens and want a free tee-shirt and a lunch! Let’s make this year special. It’s the 10th Anniversary of the O’Connor Center for Community Service, and it’s about time for a new logo! Put on your thinking caps and get out your design tools. We’re having a contest to find the best image for our wonderful center. Finally, this year we will be getting the word out that by increasing the collections during our Blood Drives, the American Red Cross will provide scholarship money for students and acclaim for the institution. If we increase our collection results by just 4% over the year, the projected scholarship award is $2000. Last year SUNY Canton was the winner of the highest % increase, and the University of Buffalo had the highest gain in units. Let’s try for one of those goals!

Also be sure to check out the O’Connor Center for Community Service on FACEBOOK!!
The Delhi campus will be filled with activity on September 26 as the Office of Student Activities and the Student Life Division hosts SUNY Delhi’s annual Family Day. Past year’s event drew nearly 1300 students, families, and guests, with families coming from as far away as Japan to attend the festivities.

This year’s schedule of events features some old favorites including Dr. Cue’s Trick Shot Billiards Show, Extreme Air-simulated sky diving, Snakes Alive Reptile Show, plus some new additions such as Ice Skating, Family Portrait Key Chains, and A Different Spin’s juggling and astounding Fire Show. The day will conclude in the Clark Sports Center with a giant chicken Bar-b-Que dinner dance with entertainment starring Dr. K’s Motown Review, and psychic entertainer Robert Channing.

Family Day has become one of SUNY Delhi’s biggest events, and usually sells out. We urge families to make their reservations early, and to book hotel rooms immediately. Anybody who has ever attended one of these gala days on campus knows why SUNY Delhi’s Family Day is an event that shouldn’t be missed.

For more information and to make reservations, check out the Family Day Web Page that can be found by going to www.deli.edu and following the link http://www.deli.edu/campus_life/family_day/index.php

CHECK IN AND WELCOME RECEPTION
Agora, between Farrell & Bush Halls - 10 am-2 pm

BARNES AND NOBLE CAMPUS STORE
Sanford Hall - 10 am - 6 pm

FAMILY DAY GOLF OUTING: Pre-Registration & Separate Fee Required SUNY Delhi Golf Course

DELHI’S COMMUNITY HARVEST FESTIVAL
Downtown Delhi - 10-4 pm Enjoy a fall festival of food, over 60 vendors, and activities on the quaint Village Green & Main Street. A shuttle bus or van will leave every 15 minutes from the front of Bush Hall and Village Green.

QUILTS ALONG THE DELAWARE
Delaware County Historical Association Route 10, Delhi - 10 am-4 pm Quilts will be on display from the Delaware County Town and Country Quilters and D.C.H.A.’s antique quilt collection. There will be demonstrations, as well as lunch available. There is a $3.00 admission, shuttle service every 15 minutes from the front of Bush Hall and the Village Green.

*ICE SKATING IN FALL*
Agora - 10 am - 4 pm There’s no need to wait until winter to put on a pair of ice skates and take a spin around our synthetic ice rink. It’s just like the real thing, only nowhere near as frosty.

*CRUISE IN* CAR SHOW
Auto Lab, Lower Campus - 11 am-2 pm Visit the Decker Automotive facility for a peek at vintage automobiles. Join in judging “best in show”. A shuttle bus or van will leave every 15 minutes from the front of Bush Hall.

DR. CUE’S BILLIARDS TRICK SHOT SHOW
DuBois Hall - continuous shows 11 am - 4 pm Be amazed by Tom Rossman, aka “Dr. Cue”, The World Champion Trick Shot Artist as seen on ESPN.

*BALLOON SCULPTURE ARTISTS*
Between Gerry and Dubois Halls - 11 am-4 pm Lighten up! Visit our balloon artists and take home a colorful keepsake from Family Day.

*FAMILY PORTRAIT KEY CHAINS*
Outside Evenden Tower Lobby - 11 am - 4 pm Don’t forget to take home a family portrait encased in a keychain as a nice souvenir of Family Day 2009.

*EXTREME AIR-Sky Diving Simulator*
Bush Hall Parking Lot - 11 am - 4 pm If you’ve ever wanted to experience the thrill of sky diving without leaving the ground, then you will want to check out this attraction. As seen on David Letterman, and in the “Mission Impossible” movies.

TOM KESSENICH’S “SNAKES ALIVE!!”
Murphy Hall - Noon - 3 pm This is your chance to learn about and handle exotic reptiles, snakes, and amphibians.

*ROVING PHOTOGRAPHERS*
Be sure to visit one of the roving photographers and have your family photo taken which you can pick up later in the day. Tip: Photos in front of one of the wonderful ice carvings created by the Escocffer Club are always popular!

CHAINSAW ARTIST DEMONSTRATION
Just listen for location! Noon - 4 pm Art takes many forms...rip it up with this demonstration!

*ICHABOB’S HORSE DRAWN CONVEYANCE*
Leaving from behind Farrell Hall - Noon - 4 pm Experience the beauty of Fall in the Catskills while enjoying the ambience of a horse-drawn wagon ride.

FAMILY FITNESS
Sports Recreation Center (aka Clark Field House) Noon - 6 pm Get pumped together in SUNY Delhi’s state-of-the-art Fitness Center. Ages 16 and up only.

*LITTLE SIBS LAND*
Between Gerry and Dubois - Noon - 5 pm Bounce around for a while, try the giant slide or any one of the fun games especially for our little brothers and sisters who’ve come to spend the day visiting. Sponsored by the Greek Council.

FAMILY MOVIE: “UP”, the summer’s great family flick*
Evenden Tower Pit - 12:30-2:15 pm

GO GREEN, SAVE GREEN
Resnick Library - 12:30-2 pm Take an online ecological footprint quiz and then learn how you can help reduce your carbon footprint and help the environment. Sponsored by the College’s Green Team and the Think Green Club.

LACROSSE SCRIMMAGE
Upper campus Athletics Field - 1 pm Green Vs. Gold Inter-squad Lacrosse scrimmage. Come watch the fun and cheer on the SUNY Delhi Broncos male team.

TAP INTO STUDENT-CENTERED TECHNOLOGY
Bush Hall 131 - 1-2 pm Learn about parent resources on the college’s website, Brocone Web (where you can check your student’s schedule, grades and Financial Aid) and the CAPP Degree Evaluation online program which helps your student track earned credits as well as requirements yet to be completed for graduation.

JUGGLING EXHIBITION AND INSTRUCTION
Agora - 1 - 3 pm It will be guaranteed fun for the whole family as the members of “A Different Spin” dazzle the audience with their juggling skills. After the show is over, stick around for a hands-on workshop and instruction that will have you performing your own exhibition in no time at all!!!

MOM & POP DIP Kunsela Hall Pool - 1 pm - 4 pm Make a SPLASH at Family Day. All parents, children and family members are invited to enjoy the college pool at no charge.

ACADEMIC HONORS RECEPTION
Resnick Library - 2 pm A special reception for parents to enjoy with their students who have earned Honors or High Honors.

ANDREW SIMMONDS WILDLIFE SHOW
O’Connor Hall - Two shows: 2-2:45 pm and 3-3:45 pm Join this acclaimed wildlife rehabilitator for an up close and personal look at several unusual species. Learn interesting animal facts from the host of the PBS series “Wildlife with Andrew Simmonds” and a frequent guest on Good Morning America, Today, and the CBS Morning Show.

**THINK-FAST**
Catskill Hall Great Room - 2:30 - 3:45 pm A combination of “Family Feud”, “Jeopardy” and “Trivia”, this electronic game show is guaranteed to be fun for the entire family. Form a team, and compete for over $300.00 in prizes.

THE FIRE SHOW
Outside Clark Field House - 4-4:30 pm A Different Spin presents an amazing exhibition of skills as multiple artists juggle various flaming objects all choreographed to music. Remember kids (and moms and dads to), don’t try this one at home!!

*DINNER, SHOW AND DANCE*
Clark Field House - 4:30 pm - 8:30 pm (BBQ Dinner served continuously 4:30 pm-6:00 pm) End the day with a wonderful sit down dinner and enjoy the music of Dr. K’s Motown Revue. After dinner, prepare to be astonished by world famous psychic entertainer Robert Channing and his audience participation show “Mysteries of the Mind”. After Robert is done, the dance floor opens as Dr. K’s 12 piece band returns with the high energy part of their show guaranteed to get you up and busting a move!

SPECIAL FAMILY SUNDAY BRUNCH
September 27th
Adults $8.50; Children 12 and under $6.25
MacDonald Hall - 10 am - 2 pm Enjoy a delicious brunch with your student to complete your fun weekend together. Get tickets at the hot dog cart on Family Day or on Sunday at Mac Hall.

Thanks for coming. Have a GOOD TIME!

*schedule subject to change*

*Wristband Required Events, Must Purchase Family Day Tickets
Welcome to SUNY Delhi!
C.A.D.I. is here to help you feel at home!

Please ask us about:
Meal Plans and Dining Facilities
Student Employment
Your College ID
Delhi Dollars Account
The Campus Store
Vending Services
Student Health Insurance
Manage My ID
MicroFridges & Safes

141 Sanford Hall  607 746-4750
www.delhi.edu/cadi/

We’re Here for You!
It’s a new semester, and whether you’re in your first weeks or last year, there’s plenty you can be doing to prepare for your future. Fortunately, there’s also plenty the Office of Career, Transfer and Veterans Services can offer — advice, guidance and resources you can use to help yourself get ready.

From choosing the right major, finding an internship, starting a job search, looking for transfer colleges, getting ready for a job interview and everything in between, help is here.

You can’t start too soon.

To get the ball rolling, stop by the office — it’s located in the Resnick Learning Center, across from the Library Cafe, second floor, Bush Hall — or check out the online resources at www.delhi.edu/academicservices/career_services

If you’ve used our services before, we’ll pick up where we left off. And if you haven’t, you’ll be amazed at the resources we can show you.

The first step is yours — we’re waiting!

Lou Shields, Director of Career, Transfer and Veteran Services chats with Doug Simpkins.

CAMPUS JOB OPPORTUNITIES

EXCELLENT STUDENT JOB OPPORTUNITIES
IN THE SUNY DELHI FUND OFFICE
Outgoing, articulate, dependable, sincere students are needed to join the SUNY DELHI STUDENT PHONATHON TEAM FALL ’09 & SPRING ’10

Must have:
• Good academic record and a schedule that accommodates at least 10 hours of work per week
• Willingness to speak with SUNY Delhi families and Alumni about the college in a way that encourages their financial gifts to support vital student programs, services and scholarships for existing and future students
• Eagerness to hone your skills in customer service, marketing, public relations and telefundraising

Benefits:
• Flexible hours
• Paid Training, no experience necessary
• Starting pay $7.25 per hour with ability to earn incentives
• Choose your shifts – 3 per week and at least 2 weekend shifts per month
• PHONATHON takes place late September – May, no calling during exams
• Gain skills, excellent experience and references for your resume
• Help SUNY Delhi raise funds to support: scholarships, emergency student loans, student stipends, tutor and ambassador programs

FOR MORE INFORMATION & INTERVIEW CONTACT:
Lucinda Brydon, Alumni & Annual Giving Coordinator
SUNY Delhi Fund Office, 149 Bush Hall
607-746-4602
brydonln@delhi.edu

The SUNY Delhi Athletic Department is in need of students who are looking for work related to Intercollegiate Athletics and Intramural Sports. Students who have experience in score keeping and statistics for a variety of sports are needed.

Contact the Athletic Department at 607-746-4675 for more information

CONTACT C.A.D.I
(College Association at Delhi, Inc.)
at 607-746-4750 or stop by 141 Sanford Hall to find out about a variety of campus employment, a great opportunity to earn while you learn.
WELCOME TO NEW FACULTY

APPLIED SCIENCES & RECREATION, Dean Dominic Morales welcomes: Dr. Ben McGraw, Assistant Professor in the Golf & Plant Sciences Department. Dr. McGraw received his Bachelor degree from University of Maine, Master’s degree from the University of Massachusetts, Amherst and Ph. D. from Rutgers University, where he specialized in turfgrass pest management. He has published several articles on integrated pest management (IPM) and the biological control of turfgrass insect pests in peer-reviewed and industry trade journals. Dr. McGraw has extensive industry experience and was a USGA Green Section Intern. He will be teaching courses in the golf and turf management area and also entomology.

LIBERAL ARTS & SCIENCES, Dean John Nader welcomes: 
Yudis Contreras, Foreign Language
Heather Schwartz, History
Scott Swayze, Criminal Justice

NURSING, Mary Pat Lewis, Professor & Chairperson of Allied Health Department welcomes: 
Beth Beaudet, Nursing and Jessica Gaske, IST Nursing

BUSINESS & HOSPITALITY, Dean Michael Petrillose welcomes: 
Victor Sommo, Culinary Arts

TECHNOLOGY, Dean Philip Hubbard welcomes: 
Nana Yaw Andoh and Joe Gluba, Architecture
Jared Yando, Construction Technology

LIBRARY, Director Pamela Peters welcomes: Dunstan McNutt, Librarian

I grew up and went to college in East Tennessee, supporting my skateboarding habit by working at the local public library. I double majored in history and philosophy, and on completing my honors thesis in the latter, determined I had quite enough of that. Having worked at the Reference Desk at the public library, I decided to pursue a master’s degree in library science, combined with an M.A. in history. My coursework and job experience at Indiana University led me to appreciate the potential in library instruction in the academic setting, and in light of that I am excited to move to Delhi to be a Reference and Instruction Librarian. I am nearly as excited to return to the mountains, where my girlfriend Sara, my dog Duke, and I will be exploring the local hiking trails.

Please join us in helping to make our new faculty feel welcome on campus this fall.

DELHI VP HEADS SUNY COUNCIL FOR STUDENT AFFAIRS

Barbara Jones, Vice President of Student Life at SUNY Delhi, has been elected to a two-year term (2009-2011) as president of the SUNY Council of Chief Student Affairs Officers (CCSAO) of the State University of New York. Vice President Jones has been involved with the group for over 10 years, most recently serving as the organization’s vice president for two years and as its treasurer for six years.

“In my current role as president, I plan to continue our organization’s agenda of highlighting the substantial contributions and accomplishments of SUNY Student Affairs Divisions across the state,” said Jones. “I want to emphasize the important roles student affairs staff members play in advancing student success, learning and engagement on all of our SUNY campuses.”

During Jones’ tenure with the Council, she assisted with the launch of the “Outstanding Student Affairs Programs” awards, which give special recognition to practitioners at SUNY colleges or universities that have implemented programs that make a positive impact on students and serve as “best practice” models for other campuses.

The CCSAO is an organization comprised of the highest ranking student affairs officials in the State University system. It meets quarterly to review current issues, policies and procedures related to the management and administration of student affairs programs and services in SUNY. The Council serves as a catalyst for continuous quality improvement of student affairs programs and services. The CCSAO serves as the liaison to other student affairs professional groups throughout SUNY such as the Residence Life Administrators, the Counseling Directors Association, and the University Police Chiefs.
The College Association at Delhi, Inc. (CADI) would like to take this opportuni-
ty to welcome you to SUNY Delhi. The College Association at Delhi, Inc. (CADI) provides many campus services includ-
ing dining and catering services, vending, student health insurance, Delhi Dollars Accounts, Campus Store and accounting services for Student Associations. The CADI office is located at 141 Sanford Hall. Our phone number is (607)746-4750. The office is open from 8:00 a.m. until 4:30 p.m., Monday through Friday. Feel free to give us a call, or stop in, with any questions you may have regarding our services. Again, we welcome you to SUNY Delhi!

Meal Plans

“What comes with my meal plan?”

“Where can I use my meal plan?”

“How many meals can I eat each week?”

The following information will help clarify all your questions!

19 Meal Plan: You choose any 19 meals you want to eat, Monday through Saturday. You get 19 meals every week, all semester. This meal plan also comes with $270 in Bronco Bucks. Read below to see where these monies can be spent. You can also feed 5 guests per semester in Mac-
Donald Hall.

14 Meal Plan: You choose any 14 meals you want to eat, Monday through Saturday. You get 14 meals every week, all semester. This meal plan also comes with $280 in Bronco Bucks. Read below to see where these monies can be spent. You can also feed 3 guests per semester in Mac-
Donald Hall.

10 Meal Plan: You choose any 10 meals you want to eat, Monday through Saturday. You get 10 meals every week, all semester. This meal plan also comes with $360 in Bronco Bucks. Read below to see where these monies can be spent. You can also feed 2 guests per semester in Mac-
Donald Hall.

Commuter Meal Plans: These meal plans are open to commuter students only. Commuter 7 meal plan allowance*, Bronco Bucks, Delhi Dollars Account, credit/debit card or cash to make purchases at Cobblestone Market. Campus Convenience is a convenience store located in Gerty Hall. Campus Convenience offers snacks for late night cravings, cold drinks and sodas, bagels, pastries, candy, indulgent treats like cookies, muffins, donuts, croissants, cupcakes, ice cream,DV

The Cyber Café is located in Sanford Hall. Stop by and grab a wrap, sub, hot entrée, Dirty Chips and more. Use your meal plan allowance*, Bronco Bucks, Delhi Dollars Account, credit/debit card or cash to make purchases in the Cyber Café. Watch for the blinking open sign, it signifies something new has been added to the menu for that day!

Library Café: You guessed it; the Library Café is located in the Resnick Library. As you study, enjoy a gourmet pastry, a light lunch, a hearty cup of coffee, flavored espresso or cappuccino, assorted juices and/or water. Use your meal plan allowance*, Bronco Bucks, Delhi Dollars Account, credit/debit card or cash to make pur-

The Taco Stop is located in the downstairs lobby of MacDonald Hall. The Taco Stop serves tacos, salads and assorted beverages. Brought back by popular demand, CADI's famous taco salads! Use a meal, Bronco Bucks or Delhi Dol-

Mac at Night is located in the MacDonald Hall Dining Center. Mac at Night offers hand tossed pizza, wings and more. Use your Bronco Bucks, Delhi Dollars, credit/debit card or cash to make purchases at Mac at night.

**“What’s a meal plan allowance?”**

Each meal has a monetary amount attached to it. You can spend up to the following amounts at participating units by using a meal. If you go over the allotted amount by even a penny, you will be charged for the remaining balance in cash or Bronco Bucks.

Breakfast: $5.50, Lunch/Dinner: $7.25

Delhi Dollars Account

A Delhi Dollars Account provides you with an easy, safe and convenient way to make purchas-
es at participating locations using your college. And now you can use your Delhi Dollars Ac-
count DOWNTOWN! That’s right; Delhi Dol-
lars has gone 3D (Delhi Dollars Downtown)! You can use your Delhi Dollars Account at Pizza Hut, Subway and Haggerty Ace Hardware in Delhi, and at Brooks House of Bar-B-Q’s in Oneonta. Here’s how it works: First, open your Delhi Dollars Account! There is no fee to open a Delhi Dollars Account, but we do require a minimum opening deposit of $20. Simply go on-line to www.managemymid.com, stop by the CADI office, 141 Sanford Hall, with your de-

Campus Convenience, Library Café, Mac at Night, Taco Stop, ID office for replacement ID’s.

CADI office, 141 Sanford Hall, with your de-

Manage my ID

“How many Delhi Dollars do I have left?”

“How many meals do I have left for the week?”

“How can I add money to my Delhi Dollars or Bronco Bucks?”

Manage My ID can answer all these questions and more. Manage My ID provides a secure and convenient way to add money to your Delhi Dollars and Bronco Bucks accounts via the internet! Deposits made via the internet are real time, meaning once approved, they are imme-
diately available for your use. It also allows you to view your meal plan usage and account bal-
ances. Please check out the following website for details: www.managemymid.com

Student Employment

You know the old saying; college kids never have any money. We’re here to help! CADI is the largest employer of students on campus. We offer many employment opportunities. You may apply for work up to an average of 20 hours per week, or as little as 4 hours per week. Shifts are scheduled around your classes. Positions are filled depending on availability, prior experience and skill. All applicants must furnish the CADI Human Resource Office with two forms of ID (passport, or a driver’s license or student ID and a social security card or birth certificate). Visit the CADI Office at 141 Sanford Hall or any food service Unit Manager to apply.

You’re not done yet. Please make sure you have taken care of the following:

- College policy requires all full-time students to purchase a Student Accident and Health Insurance Plan unless you can prove you have equivalent or better coverage. All full-
time students are billed for student health insurance. If you have equivalent or better health insurance coverage through an outside source, you must complete a waiver card. Once your completed waiver card is received, the fee for the student health in-
ursurance will be removed from your bill. You only have the first 10 days of the Fall semester to enroll or cancel the student health Insurance. If you do not cancel this insurance by returning the completed waiver card to the Student Accounts win-
dow located in Bush Hall, the fee auto-
matically becomes your responsibility.

- Freshmen are automatically billed for the 19 Meal Plan! If that’s not your plan of choice, you must stop in the ID office located in Sanford Hall during the first 10 days of classes and make the switch. You only have the first 10 days of classes, so don’t procrasti-

DON’T MISS IT! The Student Activities Fair Tuesday, September 22nd 7 - 10 pm

Clark Field House

Check out the Student Activities Fair & Learn ALL About ALL the great clubs at SUNY Delhi.
Chancellor Zimpher's Vision continued from Front

At a Press Conference held in Farnsworth Hall Zimpher commented that every campus has been distinct. Her vision is to take the pockets of excellence found on individual campuses and pervasively take that excellence to scale. She sees Delhi as a university that should be made a "center for excellence".

A continual theme of Zimpher’s message is that we cannot underestimate the value of SUNY stimulating local economies and jobs. Delhi is a prime example as it is in the center of the watershed which houses the largest reservoir system in the world, thereby affecting 8-9 million people in New York City who depend on Delaware County for their water supply.

New York State Senator John Bonacic shared his excitement about our new Chancellor and said she is “the right choice for New York”. He also said “There is no holding back Candace Vancko, she is a dynamite college president.”

While Nancy Zimpher was at Delhi she toured the college golf course, the renovation project of Farrell Hall, also Farnsworth Hall and the Library. As well as seeing all she could she also met with the following students to hear why they chose Delhi and suggestions they had for improving Higher Education in New York State:

Than Oo - Student Senate President
Michael Specioso - Student Senate Treasurer
Lisa Knapp - Student Senate Secretary
Yvonne Wood - Editor/President Campus Voice
Tim Clarkson - Welding Technology Student
Matthew Dickerson - IT Management Student
Tom Stagnitta - Hotel Resort Management Student
Traci Upton - IT Management Alumni
Sarah Wood - Veterinary Science Alumni

Be sure to make the most of the beautiful natural surroundings in the area. Ask a local on campus about SUNY Delhi’s parks.
The competition starts with two rounds of ten free-stylers performing for the audience, and 20 judges who are hooked up with wireless remotes. The first Weekend Jam of the year, scheduled to take place on Saturday, September 12 at the Clark Field House, will truly be a very special event. Coming to the Delhi campus for the very first time will be TJohnE’s national Freestyle Video Dance Competition.

Very special guest host and dancer, Lamonte “Tales” Goode, known to many from his film appearances in “You Got Served,” “Clockstoppers” and television appearances on America’s Got Talent, BET’s 20th Anniversary Show, and music videos with Wyclef, Kid Rock, and the Def Tones will be flying in from Los Angeles to host this year’s first jam. The jam will feature a freestyle dance competition complete with great prizes, and lots of give-a-ways. The gym will be set up club style with pipe and drape, lots of high tech intelligent lighting, and a totally kicking pro-Mackie sound system.

The competition starts with two rounds of ten free-stylers performing for the audience, and 20 judges who are hooked up with wireless remotes. The individuals with remotes judge the dancers on skill level, general appearance, and the improvisational ability to choreograph to fresh music and their inane ability to capture the audience’s approval.

The Champion is decided by a wicked dance off of the top four free stylers and the votes are computed by VDC. We then present the indisputable Free Style VDC Champion of the evening along with a $300 cash prize. Great prizes are awarded and photos are taken of the champion and the top four competitors.

Once the competition is done, all twenty free stylers are brought back on to the floor for an encore performance, and the actual Video Dance Party kicks off!!

Back by popular demand, admission for this event will be only $5.00 for SUNY Delhi students with ID. Guests will be charged $15.00. Competition is limited to only currently enrolled SUNY Delhi students.

The Farrell Hall construction project has made tremendous progress over the summer. Just take a walk by our former and future Student Center, and it is easy to see the many changes that have taken place as the new Farrell Hall begins to take shape. Entire walls are gone, and the building has been literally cut in half. Construction plans call for much of the external work to be done before winter sets in, so that the workers can then work on the internal portion of the project.

As exciting as this project is, and for all it means to our campus, the downside will be another college year without a Student Center. Student Programming Board members were well aware of this fact, and began work last year with their advisor, John Huber, to plan an innovative and exciting schedule of activities with the full knowledge that Farrell Hall would be unavailable.

This semester’s new schedule includes more off campus trips, several high profile guest speakers, and new initiatives including the revival of the Campus Chorus and regular intramural bowling trips, and the expansion to two comedy shows on Sundays in order to accommodate the always large early semester comedy crowd.

The Champion is decided by a wicked dance off of the top four free stylers and the votes are computed by VDC. We then present the indisputable Free Style VDC Champion of the evening along with a $300 cash prize. Great prizes are awarded and photos are taken of the champion and the top four competitors.

Once the competition is done, all twenty free stylers are brought back on to the floor for an encore performance, and the actual Video Dance Party kicks off!!

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Student Activities Director, Marty Greenfield, was highly complimentary about the planning work done by the SPB, as well as the way in which the entire campus has worked together to continue to provide an exciting schedule of activities for students despite the ongoing construction. He cited the cooperation from Athletics and Residence Life for allowing the use of their facilities as alternative programming locations, and the help from maintenance for all of the up coming set-ups and tear downs for future events.

The bottom line is that next year, at this time, Farrell Hall will reopen as a new, state of the art, Student Center. It will truly be a showpiece and a campus center that symbolizes the deep commitment that SUNY Delhi has for providing students with a full and well rounded College experience for growth and learning both inside and outside of the traditional classroom. Keeping that fact in mind, it seems like the wait and inconvenience should be well worth while.
First, welcome to SUNY Delhi! Congratulations on becoming a part of the warm and supportive community of SUNY Delhi students, faculty, and staff. I am sure that you are experiencing a whirlwind of emotions and thoughts ranging from excitement and expectation to anxiety and confusion. You may be wondering how it will all work out while also looking forward to having much more independence and freedom. You may feel a little "achy" about leaving home. You may wonder how life will be with a roommate—especially if you’ve always had your own room. You may be worried that there will be too much work to keep up with, or that you’ve picked the wrong major. You may wonder about making new friends while keeping in touch with old ones. Maybe you are worried that you are worrying and wondering too much.

This is allnormal! Whenever we make a change or transition in life, we experience a certain amount of anxiety which is actually helpful in that it keeps us focused and energized. In addition, we humans prefer to feel in control of our lives, and we are often completely inaccurate). We’ll handle each situation we experience a whirlwind of emotions and thoughts ranging from excitement and expectation to anxiety and confusion. You may be wondering how it will all work out while also looking forward to having much more independence and freedom. You may feel a little “achy” about leaving home. You may wonder how life will be with a roommate—especially if you’ve always had your own room. You may be worried that there will be too much work to keep up with, or that you’ve picked the wrong major. You may wonder about making new friends while keeping in touch with old ones. Maybe you are worried that you are worrying and wondering too much.

Not knowing leaves us feeling a little out of control. Relax! Yes, this is easy for me to say because I am not an incoming freshman. But my son will be leaving soon for his 1st year at college, and my daughter is beginning her senior year, so I have a transition of another kind to deal with. It will be okay. I think that we need to trust ourselves—trust that we will be able to cope with whatever comes our way. We can’t envision every scenario which may occur, attempting to do so yields only an unending chain of “what ifs”. We’ll handle each situation as best we can and if we make a mistake its okay. Almost nothing is a catastrophe. Almost everything is a chance to learn something. After all, we have each come through a lot and some of it was rough.

A few suggestions to help with the first weeks of adjusting to college life and also for the long term. It is a good idea to take the time early on to talk about all kinds of issues. Talk about music and how loud it should be. Talk about sharing the TV, refrigerator, DVDs, but probably not the TV or refrigerator. These are real issues I have heard about. Talk about cleaning up, having guests over (or not), different sleep schedule preferences, using space efficiently, and how to be considerate of each other. Talk about boundary issues and keep talking as new issues arise. Look for ways to compromise. Without honest, open and respectful conversation, we may become more irritated, angry, and make all kinds of negative assumptions (which often are completely inaccurate).

EXERCISE REGULARLY. Daily exercise, especially aerobic exercise, is one of the best coping strategies around. It boosts your self-confidence, energy level and sense of control while helping you to meet new people and maintain a healthy physique. Exercise is also effective in combating anxiety, depression, isolation, and sleep problems. Check out the Clark Gym, a stellar, state-of-the-art fitness facility with a friendly, approachable staff. In addition, we are forming a new health and fitness club, “Momentum”, created specifically for students who would like to start a walking or running program. As someone who has been a runner for over 20 years, I cannot say enough about the benefits of consistent daily exercise. Please either call me at 746-4688 or Lynn Oles at 746-4794 for more information about “Momentum”.

GET INVOLVED. Join a team. Join a club or start a new club. Do volunteer work. There are many opportunities to help others, and you’ll be helping yourself in the process. Over at Student Activities, Marty and John look like a scene out of a 30 Rock writers’ session as they brainstorm day and night to bring innovative fun to campus. If you are a musician check out SUNY Delhi’s new Facebook page for musicians, search at SUNY Delhi Musician Board.

Cathy Harris, LCSW – Counselor
Counseling & Health Services, Foreman Hall

First Days at College; Chaos, Confusion and Finding a Good Fit

We get a lot of questions at Health Services as to who can use our services and whether you need to have the college health insurance to do so. All students paying the Health Services Fee can be seen regardless of their insurance coverage. Our clinic is located in Foreman Hall (between Alumni & Gerry) and we are open Monday thru Thursday from 830am to 6pm and Friday 830am to 430pm.

Health Services include:
- Consultation with RN, NP, or MD
- Allergy Injections
- Limited Laboratory testing
- Loans of crutches, canes, slings
- HIV Rapid Testing $20
- Emergency Contraceptive Pill $25
- Birth Control Pills $40/3months
- Men’s and Women’s Health
- Pregnancy Testing
- General illness and injury

Come see us if you have any questions or problems
Yours in Good Health,
TALK TO SOMEONE. If something is bothering you, talk to someone. If you don’t understand something in a class, talk with the professor – sooner rather than later. If you need extra help sign up for a tutor at the Learning Center. If you are upset with your roommate talk with him or her in a calm manner about the issue. Talk with your RAs and RDs about little problems before they become big problems. And of course talk with us, the counselors in Foreman Hall. We talk with students about homesickness, family problems, self-esteem issues, anxiety, depression, eating and sleeping problems. Counseling is free and confidential. It’s not brain surgery or deep dark psycho-analysis. We’re just talking with students, helping to identify concerns, exploring options for change, challenging assumptions and working towards solutions.

Speaking of changes, remember that if you do not find a particular class, major or even a college to be a good “fit” for you, you can make changes. You can drop a class. You can change your major. Nothing is written in stone. Many students and parents believe that if a student chooses a certain major they must stick with it no matter what. This is not true! At SUNY Oswego I learned that 62% of the students change their major at least once during their college experience. It is not quitting, it is not a failure to make changes, it’s just making adjustments. Learning to make adjustments is an important skill for life. Which brings us full circle to the original topic of this column. Welcome to SUNY Delhi!!!
SUNY & American Red Cross: A Lifesaving Partnership

As Largest Academic Partner in NYS, SUNY Reports a 20 Percent Increase in Blood Donations

Albany, NY – The American Red Cross announced today (August 3, 2009) that The State University of New York is its largest academic partner in New York State, thanks to students, faculty and staff who donated nearly 15,000 units of blood in the past year - a 20 percent increase over the year before.

The two organizations also renewed the SUNY-Red Cross Scholarship Program, a two-year-old initiative that awards students who actively work to increase blood donations on their campus. Last year alone, the Red Cross provided $23,000 dollars in scholarship funds to students at 21 SUNY campuses to honor their dedication to the blood program. During the two years of the program, blood donations at SUNY campuses have increased by 42 percent.

“Blood donation is one of the oldest, simplest and most admirable means of community service and the American Red Cross provides an outstanding venue for our students to exhibit the leadership and philanthropic spirit of SUNY,” said SUNY Chancellor Nancy L. Zimpher. “Thank you to the SUNY campus presidents and the faculty, staff and students who work so diligently to make this scholarship program a success by sponsoring drives and donating blood each year.”

“The SUNY Partnership is exciting for the Red Cross not just because of the number of blood donations made, which certainly does have a tremendous impact on the community blood supply,” commented Kay Schwartz, chief executive officer, American Red Cross Blood Services-New York-Penn Region. “It also shows that these students are committed to improving their community and making an impact. This provides hope that we will have a new generation of active citizens.”

Scholarship awards are made to campuses based on the percentage of the student body that donates. Awards of $250 up to $2,000 are given for increases of one to four percent of total campus enrollment. The money, in the form of a scholarship, goes to the student or students on each campus deemed most responsible for the increase.

Last year, the University at Buffalo, SUNY Canton, Hudson Valley Community College, Broome Community College and Tompkins-Cortland Community College were among those with the highest gains.

About the State University of New York:
The State University of New York is the largest comprehensive university system in the United States, educating some 440,000 students in 7,669 degree and certificate programs on 64 campuses.

About the American Red Cross:
The American Red Cross has been a primary supplier of lifesaving blood products in the United States for more than 50 years. The American Red Cross Blood Services, New York-Penn Region must distribute approximately 2,000 units of blood each day just to meet the basic needs of area patients. Only five percent of those eligible to donate blood actually do so. To donate blood and platelets through the American Red Cross, individuals must be at least 17 years of age, weigh at least 110 pounds, and be in general good health. In New York State and Pennsylvania, 16-year-olds may donate blood provided they bring an original signed Informed Parental Permission for a 16-Year-Old to Donate Whole Blood to the blood drive. Identification is required at the time of donation to give blood. For additional information regarding donor eligibility, please call 1-800-GIVE LIFE or visit donatethecross.org.

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State University of New York State University Plaza, Albany, NY 12246
518-443-5311
www.suny.edu

Marianne Schreyer
American Red Cross
New York-Penn Blood Services Region
825 John Street
West Henrietta, NY 14586
(585) 760-5805
(800) 756-1196 (24-hour media pager)
schreyerma@usa.redcross.org

GREEN continued from Front

electricity per year in the business sector). It only takes a short time to shut down and reboot your computer, so do the environment a favor and turn it off.

3. Take Shorter Showers: A lot of energy is needed to make hot water (I’d be glad to go over specifically how much in my chemistry class). By reducing your shower by a minute or two each day, you will save a lot of energy in the long-term.

4. Recycle Your Paper, Plastic, Glass, and Metal: There are bins all over campus to recycle clean paper, #1 and #2 plastic containers, glass containers, and metal containers, so there is no excuse not to recycle. If you don’t know where the bins are, then ASK. It is really important that you only put clean items in these bins, because garbage must go into a separate container. One person who mixes garbage with recycling can ruin that entire container of recyclables.

5. Print Smarter: Printing uses a lot of energy, because of the energy costs to make the paper and ink. Try to print only when you need to, and print on both sides of the page when possible. If you can only print one-sided and you are finished with the paper, use that paper for writing notes before recycling it. Also, it’s a great idea to use “draft” printing for everyday documents, because it conserves ink. You should also try to go paperless whenever possible, because there are many opportunities to view and save documents digitally.

6. Use Reusable Food and Drink Containers: A great tip to save energy is to use reusable food containers. Plastic flatware, paper/foam plates, and plastic/foam cups take a lot of energy to make, and are only used once before going to the landfill (and then stay there for many, many years). Especially, get a travel mug and use it at meals and around campus. You may even get a lower price when you bring your own mug! Also, try to cut down on the amount of bottled water that you drink, because bottled water is not necessarily any different from tap water. Plus bottled water is a lot more expensive to produce and buy, and everyone likes to save money and the environment at the same time.

7. Commute Whenever Possible: Vehicles use a lot of energy, so try to reduce the number of trips that you make while carrying as many people as is convenient when you must travel. Be more flexible and wait until a few people need to make a trip to the store, instead of going the instant that you want something. Commuter students may also try to carpool with someone nearby. You just might make a new friend in the process.

8. Bring Your Own Bags to the Store: We all know that college students need a lot of stuff at the beginning of the school year. Plastic shopping bags, while convenient for many, take a lot of resources to make, and just aren’t as durable as a cloth bag. So, scrounge up a few cloth bags and take them to the store when you shop. If you insist in using plastic shopping bags, please recycle them. Many stores have bins at the entrance to do just this.

SUNY Delhi is a Great Place to Work

SUNY Delhi has been named a Great College to Work For by The Chronicle of Higher Education.

The Chronicle’s Great Colleges to Work For program recognizes small groups of colleges (based on enrollment size) for specific best practices and policies, such as compensation and benefits, faculty-administration relations, and confidence in senior leadership. SUNY Delhi was recognized among four-year colleges with enrollments of up to 2,999 students. The results of the second annual survey were announced on July 6 in a special supplement of The Chronicle, http://chronicle.com/indepth/academicworkplace, and have been published in the July 10 print edition of the publication.

“We’ve always said that it is our faculty and staff that make SUNY Delhi distinctive, and we are proud they are being recognized at the national level,” says Bonnie Martin, director of administrative services. “We have recruited extremely talented faculty and staff in recent years, and this honor should make the college and our community even more attractive,” she adds.

The Great Colleges to Work For program allows The Chronicle “to provide more information to job seekers about the colleges that are the leading innovators when it comes to providing a rewarding work environment,” says Jeffrey J. Selingo, the editor of The Chronicle of Higher Education. More than 300 four- and two-year colleges signed up for this year’s program and 247 went through the entire survey process this spring. That’s nearly triple last year’s number of participants. The results are based on responses from nearly 41,000 administrators, faculty members, and staff members at those institutions. The Chronicle of Higher Education is the No. 1 source of news, information, and jobs for college and university faculty members and administrators. Based in Washington, D.C., The Chronicle has more than 60 full-time writers and editors, as well as a dozen foreign correspondents positioned around the world. Published since 1966, The Chronicle publishes a daily Web site, a weekly newspaper, a weekly magazine of ideas, and produces newsletters and events. A nine-time finalist for the National Magazine Awards, the newspaper has a weekly print readership of 350,000 and Web traffic of more than 14 million pages a month at http://chronicle.com.
All Vehicles Driven or Parked on Campus Must Register with University Police by the First Day of Classes, Monday, August 31st. University Police (North Hall) will be open on Saturday and Sunday, August 29th and 30th for students to register their vehicles.

Student Drivers, Please Note These Changes for 2009-2010

The parking registration fee for full-time students is $162.00. ($150.00 annual fee plus $12.00 tax)

Parking violation fines are $30 for the first ticket and $40 for each subsequent ticket.

The fine for parking in a handicapped space without a valid handicapped permit is $150.00.

Make Sure You Register Your Vehicle &
Follow the Campus Parking Rules and Regulations
Best Wishes for a Safe & Successful Semester from SUNY Delhi UP
Have you ever sat in a club meeting, bored to tears because no one knows how to lead? Are you currently an officer of a club that has lost its luster? Are you a brand new freshman looking for a way to expand on your leadership experience from high school? Well, Student Activities has the answer to all of these situations: B.L.A.S.T.!

BLAST (which stands for Bronco Leadership and Service Team) combines traditional leadership topics with contemporary leadership issues in a fun, supportive environment. With topics ranging from leadership styles to social justice, there are many ways to expand your perspective as a leader on campus and for the future.

As a member of the BLAST program, you will participate in personality assessments, review leadership skill inventories, learn some crazy ice breakers, gain experience related to many majors on campus, and earn community service hours for the organizations in which you are involved. Students will even be able to take on a peer leadership role within the program after only a few weeks of involvement.

The BLAST program takes off Saturday, October 3 at 10 am with a mini-retreat and team building exercises. Look for us at the Student Activity Fair on September 22 with mini giveaways and a special giveaway for one lucky student. If you have any questions about the program, please contact John Huber, Assistant Director of Student Activities, at x4567 or huberjb@delhi.edu

What’s New For Fall 2009?

In addition to many popular and old favorite activities on campus, the Offices of Student Activities, Student Life, Athletics, and Intramurals have many new and exciting programs planned. Be on the look out for more details about the following new programs that will be taking place both on and off campus this year.

MOMENTUM A new health and fitness club will meet weekly on Tuesdays beginning September 8 at 4 pm in the Clark classroom. Beginners are welcome.

CAMPUS CHORUS The revival of one of SUNY Delhi’s traditions, the campus chorus will meet weekly in the Kunsela Hall Solarium on Tuesdays at 7 pm. Local choral teacher Pat Nabbinger will work with this group and we’ll see what transpires.

COMMUTER CLUB Another revival will begin Wednesday, September 9 at noon in Sanford 101. Non-traditional students continue to be one of our most under represented populations, and we are optimistic that this organization will give them greater recognition and acceptance on campus.

BOWLING CLUB On Tuesday, October 20 at 5 pm in the Clark Classroom, an interest meeting will be held for the SUNY Delhi Bowling Club. Weekly trips to Oneonta will be planned, with a goal towards intramural competition and inter-collegiate intramural tournament play.

AEROBIC/DANCE STUDIO The former BEST Club will become the fulltime, temporary location for dance, fitness, yoga, and aerobic classes. A permanent sound system will be installed, and matting will also be permanent. This space will also be available to recognized student groups through the on-campus reservation process.

NOONTIME FITNESS CLASS The very popular evening fitness, aerobic, and stretch classes taught by Regan will expand to a mid-day offering once a week on Tuesdays at noon in the Aerobic/Dance Studio located on the lower level of Evenden.

FRIDAY NIGHT JAMS Jams will be scheduled on a monthly basis to be held in the Clark Field House. SPB will attempt to set the tone for successful events by sponsoring a Free Style, Video Jam and Competition on September 12, with a special guest host and nice prizes for the dance competition winners.

EXPANDED OFF CAMPUS TRIPS We will attempt to offer two off-campus trips per month, beginning on Thursday, September 3 with a trip and picnic dinner to the final Oneonta Tigers game of 2009. Currently in the final planning stages are our regular intramural trips, plus outings to the Hall of Fame, a Cornfield Maze, Broadway play, and the Hudson River Ferry in Kingston.

THURSDAY NIGHT LIVE SERIES Every Thursday night will feature live entertainment in the Midnight Café. The entertainment menu will vary including Coffeehouse performers, local bands, karaoke, talent competitions, spoken word, and popular artist W.C. Pope.
**GO BRONCOS!**
Get Out There & Support Your SUNY Delhi Teams
Fall 2009 Athletic Team Schedules

**Mens Soccer**

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<td>Sat 9/5—Sun 9/6</td>
<td>Hudson Valley Tournament</td>
<td>North Country</td>
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<td>Wed 9/9</td>
<td>Mohawk Valley</td>
<td>Tompkins-Cortland (TC3)</td>
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<td>Sun 9/20</td>
<td>Jefferson</td>
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<td>Sun 9/27</td>
<td>Clinton (played at Pittsfield)</td>
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<td>Finger Lakes</td>
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<td>Wed 10/21</td>
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<td>Sat 10/31 Sub-regional</td>
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<td>Tue 11/3</td>
<td>Quarterfinals</td>
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<td>Sat 11/7—11/18</td>
<td>Regionals @ Tompkins-Cortland</td>
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**Women's Soccer**

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<td>Tues 9/1</td>
<td>Albany College of Pharmacy</td>
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**Women's Volleyball**

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<td>Orono</td>
<td></td>
<td>3pm</td>
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<tr>
<td>Wed 9/16</td>
<td>Finga Lakes</td>
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<tr>
<td>Thu 9/17</td>
<td>Mohawk Valley</td>
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<td>Fri 9/25—10/2</td>
<td>Fri 9/25—10/2</td>
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<tr>
<td>Sat 10/3</td>
<td>Word of Life</td>
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<tr>
<td>Wed 10/6</td>
<td>Elmira F’s</td>
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<tr>
<td>Thu 10/7</td>
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<tr>
<td>Sat 10/9</td>
<td>Coming Tournament</td>
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<tr>
<td>Fri 10/11 Word of Life</td>
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<td>3pm</td>
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<tr>
<td>Sun 10/12</td>
<td>Fabri Montgomery</td>
<td></td>
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<tr>
<td>Fri 10/14 Word of Life</td>
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<tr>
<td>Sat 10/15 Sub-regional</td>
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<tr>
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<tr>
<td>Sat 10/17 Word of Life</td>
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<td>Fri 10/18 Word of Life</td>
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<td>Sat 10/19 Word of Life</td>
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<td>Fri 10/20 Word of Life</td>
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<td>Sat 10/21 Word of Life</td>
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<tr>
<td>Fri 10/22 Word of Life</td>
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**WOMEN’S VOLLEYBALL PUSHES FOR CHAMPIONSHIP TITLE**

The 2009 SUNY Delhi Women’s Volleyball Team will be striving to capture the Mountain Valley Conference and NJCAA Region III Championships this fall. The team returns 5 strong sophomores, who will be joined by an outstanding class of 11 freshmen. The volleyball team will host 7 home matches this season, beginning Wednesday, September 2 at 6 pm versus Onondaga Community College. Please come to Clark Field House and cheer them on!

**Cross Country**

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Location</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Sat 9/5</td>
<td>Colgate</td>
<td></td>
<td>3pm</td>
</tr>
<tr>
<td>Sat 9/12</td>
<td>Cortland</td>
<td></td>
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<tr>
<td>Fri 9/18</td>
<td>Oneonta State—Fortin Park</td>
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<td>4pm</td>
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<tr>
<td>A 11am</td>
<td>Community College of Rhode Island</td>
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<td>4pm</td>
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<tr>
<td>B 7pm</td>
<td>Bronco Weekday Classic—Goff</td>
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<td>4pm</td>
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<tr>
<td>C 2pm</td>
<td>Conference Meet @ Mohawk Valley</td>
<td></td>
<td>4pm</td>
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<tr>
<td>D 10am</td>
<td>Nationals @ Rochester, MN</td>
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<td>4pm</td>
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</table>

**WOMEN'S TENNIS**

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<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Fri 9/4</td>
<td>Herkimer</td>
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<td>4pm</td>
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<tr>
<td>Sun 9/6</td>
<td>Orono</td>
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<td>4pm</td>
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<tr>
<td>Mon 9/14</td>
<td>Mohawk Valley</td>
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<td>4pm</td>
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<tr>
<td>Wed 9/16</td>
<td>Broome</td>
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<td>4pm</td>
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<tr>
<td>Sun 9/20</td>
<td>Hudson Valley</td>
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<td>2pm</td>
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<tr>
<td>Wed 9/21</td>
<td>Orange CCR</td>
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<td>2pm</td>
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</tbody>
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**ATTENTION LIFEGUARDs & WATER SAFETY INSTRUCTORS (NEED WORK)**

MANDATORY LIFEGUARD TRAINING SESSION WILL BE HELD ON WEDNESDAY, SEPTEMBER 2nd at 7:00 PM IN THE SUNY DELHI POOL.

*MAKE SURE YOU HAVE YOUR LIFEGUARD CERTIFICATIONS, FALL 2009 SCHEDULE, AND THREE FORMS OF IDENTIFICATION. BE READY TO SWIM!*
FALL ENTERTAINMENT SCHEDULE HOT OFF THE PRESS

The Student Senate and Student Programming Board’s fall 2009 Entertainment and Events Calendar has been released. All residential students should find a poster-sized copy of this comprehensive schedule placed in their rooms by their R.A. Non-residential students will find the poster available in the Commuter Lounge, located on the lower level of Evenden Tower, or can stop by the Office of Student Activities located on the first floor of Thurston Hall to pick up their copy.

The schedule can also be found online by visiting www.Delhi.edu/student_activities. The Office of Student Activities also publishes a more detailed weekly update that can be found either on-line, or posted around campus. All Students are urged to stay informed in order to take advantage of the many exciting programs both on and off campus.

FALL ENTERTAINMENT SCHEDULE FEATURES PROMINENT SPEAKERS

After a summer of extended negotiations with various agencies, Student Programming Board representatives are extremely excited and satisfied that they have scored some major coups in booking noteworthy guest speakers for our campus. SUNY Delhi students have always turned out in strong numbers for the chance to meet, greet, interact, and learn from special guests who visit our campus. This year’s guests are certain to cause a lot of excitement when they visit.

October 1, at 7 PM in the Clark Field House
Co-Captains Johnathan and Andy Hillstrand, The Time Bandit

Jonathan and Andy are featured on the Discovery Channel’s mega-hit TV series “Deadliest Catch” which chronicles their adventures fishing off the Alaskan coast. The two brothers spend a majority of their time fishing the Bering Sea in one of the world’s deadliest jobs. They will share lots of inside stories and talk in depth about the dedication, professionalism, trust, and teamwork that is necessary to not only make a living, but to survive. There will be plenty of time for questions and answers.

October 21, at 7 PM in the Evenden Pit
Alina Fernandez, the daughter of infamous Cuban Dictator Fidel Castro, will visit our campus as part of Hispanic Heritage Month.

In her illuminating talk, Alina shares her first-person, intimate account of growing up in Cuba. In 1998 her book, Castro’s Daughter: An Exiles Memoir of Cuba was published. With her unique sense of humor and style, in her book and lectures, Alina reveals exciting and suspenseful anecdotes, snapshots of Cuba, a detailed view of her father, and most of all the potential for reform and a better life in Cuba.

Student Programming Board members are proud to bring these exciting and famous personalities to our campus, and urge all students to attend.