WELCOME FROM STUDENT SENATE PRESIDENT

On behalf of the Student Senate, I would like to give a huge welcome to all new students beginning at Delhi this semester. By coming to Delhi, you are joining an exceptional community of fellow students, faculty and staff. The Student Senate Executive Board; Secretary Lisa Knapp, Treasurer Michael Speciosio, Vice President Jeff Abraham and I are very excited to be able to meet and talk with all of you and represent the student population this year.

There are amazing opportunities for students at Delhi and we encourage you to utilize all of them. Our campus is known for having an outstanding Student Activities program thanks to Directors Marty Greenfield and John Huber; and we encourage your participation in the many excellent student clubs, activities and organizations Delhi has to offer. We are confident that by becoming involved you will enhance your experience here.

Finally, I look forward to meeting as many of you as possible and to serving you well as your Student Senate President. I wish for your Delhi experience to be as excellent as mine has been since I started here in the Fall of 2006.

Best Regards.

DELHI REMEMBERS & REFLECTS ON 9/11

On Friday, September 11, 2009, President Candace Vancko and Delhi students planted mums by the Memorial Tree near DuBois Hall in rememberance of those lost on 9/11.

Community Service Update

by Elizabeth Sova
O’Connor Center for Community Service Coordinator - 201 Thurston

The O’Connor Center for Community Service is off to a galloping start this year: Go Broncos! The Center is three for three with new events starting off with our first ever Orientation Clean-up in the Village, followed by a beverage of choice from Crossroads Café.

What a great start for a new group of freshmen and women! We had eighteen new students who enjoyed the sunshine and gathered signatures along with litter from the sidewalks of town for the “Discover Delhi” treasure hunt.

Our next event was the West Kortright Centre’s Farm Fair, an annual fundraiser held during Labor Day weekend, for the performing arts center located nearby in East Meredith. We rounded up a bakers dozen of students who donned gloves and aprons to serve locally grown and cooked meats and vegetables with yummy pies and maple sugar cotton candy to finish off the meal. By all reports, the grilled corn was the best corn anyone had ever tasted!

The West Kortright Centre was delighted with our contribution to their successful day and extended an invitation for us to participate again next year. We hope to make this the first of many trips to contribute our services to this great organization.

Our new event, United We Serve, began with the American Red Cross Blood Drive on 09/09/09. With the help of students, faculty and staff of SUNY Delhi we hit record breaking numbers of blood donations. For the first time ever, we exceeded 90 units! In fact, we exceeded 100 units, with a total of 111, of which 34 were first time donors! Way to go!

Thursday, September 10th a group of students walked down the hill to the Delhi Senior Meals site and (continued back page)
Letter From The Editor

By YVONNE WOOD

It has been a very busy first two weeks back here at SUNY Delhi. I am proud to say the Blood Drive I headed up for the OCCS last week broke record donations! See the article on the front page for more great information about community service.

As well as being very busy editing this issue, working at the OCCS and studying for classes; this editor has something else on her plate. I’d like to share some of my:

“Reflections on Pregnancy and College Life”

1) The walk from G Lot seems a lot longer than it did 7 months and many pounds ago.

2) Sometimes I fear my bladder may burst in those last few minutes of a lecture (and yes this may be after I’ve already taken a bathroom break 15 minutes into the lecture).

3) I have several spots in my class notes where my pen runs across the page from being startled by an exceptionally strong kick or elbow poke.

4) I fear my walk is slowly becoming a waddle as I make my way around campus.

5) I am surprised that I actually like maternity clothes, well most of them; who can complain about stretchy wastebands and soft fabrics that show off that awesome baby bump!

Why is our legal system giving convicted rapists and sex offenders a second chance?

by Courtney Diggins

On the morning of June 10, 1991, Jaycee Lee Dugard’s father watched as his blonde hair blue-eyed daughter happily made her way from the sidewalk to the school bus stop. This typical morning routine turned into every parent’s nightmare, as eleven year old Jaycee Dugard was yanked into a vehicle by an unidentified man and woman, never to be seen again, that is until now.

Phillip Craig Garrido has been a lifetime resident in the state of California, but has not always been the most law abiding citizen. Garrido was first arrested and charged with sexually assaulting a fourteen year old girl in 1972, but the case did not go to trial after the girl declined to testify. In 1976 he kidnapped Katherine Callaway Hall in South Lake Tahoe, California, and took the girl to a Reno, Nevada warehouse where he sexually assaulted her over a twenty-four hour period. Garrido was arrested on federal charges of kidnapping, rape, and transporting his victim over the state line. That same year a court-ordered psychiatric evaluation diagnosed Garrido as a “sexual deviant and chronic drug abuser.” Garrido also testified in court that he masturbated in his car by the side of grammar schools and high schools while watching young females. Garrido was convicted of his crime on March 9, 1977 and began serving his fifty year sentence on June 30, 1977, at Leavenworth Penitentiary in Kansas on the federal kidnapping charges.

At Leavenworth, Garrido met Nancy Bocanegra, who was visiting her uncle that was also a prisoner. On October 5, 1981, Phillip Garrido and Nancy Bocanegra were married at the prison. On January 22, 1988, Garrido was released from Leavenworth Penitentiary to Nevada State Prison. Having served less than eleven years of his fifty year sentence, Garrido was transferred to federal parole authorities in Antioch, California on August 26, 1988. As a parolee, he was monitored, wore a GPS ankle bracelet, and was regularly visited by police.

In 2006 one of Garrido’s neighbors called the police to inform them that there were a series of tents in Garrido’s backyard with children living in them and that Garrido was “psychotic” with sexual additions. A deputy sheriff spoke with Garrido at the front of the house and left after about a half an hour. In August of 2009 after more people had alerted the police of suspicious behavior from Garrido, which included parading around two young girls who he claimed were his daughters, Garrido was asked to come in for a parole meeting. That day Garrido arrived at the meeting with his wife, and three girls. Garrido claimed all three girls were his daughters and after being separated from Garrido for a further inter-

view, the three girls were discovered to be Jaycee Lee Dugard and her two daughters!

Jaycee Lee Dugard whom is now twenty-nine, has endured the most unthinktable and horrific series of events for the past eighteen years of her life. Phillip and Nancy Garrido created a secret living quarters in their backyard for Jaycee, completed with a six foot tall fence, tents including one that was soundproof, tarps, electricity, bathroom facilities, etc. In this outdoor campground torture shanty, young Jaycee was repeatedly raped, abused, and held prisoner. Miraculously Jaycee gave birth to two girls, whom are now ages eleven and fifteen, and are fathered by Phillip Garrido. Jaycee and her two daughters have not had any medical care, and have not been in touch with the outside world for almost two decades.

This story has many different types and levels of emotion involved in it. Of all the mysteries surrounding this horrific case, the most confusing and infuriating is the fact that Phillip Garrido was let out of prison on parole and ultimately only served eleven years of his fifty year prison sentence.

It is not a new development that the justice system in the United States is not always fair, and has major flaws; however people who have committed crimes like Phillip Garrido should have never been given the chance to qualify for parole.

According to an article about the real reasons behind overcrowding in prisons, it stated that “more prisoners are locked away from drug violations than all violent crimes combined!” Locking people up for committing minor drug violations has been proven to be ineffective in reducing drug abuse. It leads to more violent crime, gang warfare, judicial and police corruption, and all the other problems that accompanied alcohol prohibition. I think that any female reading this article would have to agree with me when I state that I would rather have a neighbor who smokes marijuana, than a neighbor who has been convicted of kidnapping and rape. People who are pedophiles will never change, and can’t change. They may be able to enter counseling and do things to control their sexual impulses towards harming others, but they will never be cured and will always pose a threat.

Over three million people live in the United States, and although I know the justice system can’t babysit all the “bad guys” out there; I personally think that they need to stop focusing their efforts on people who commit non-violent crimes, and focus their efforts on sex offenders who enjoy raping and torturing innocent human beings.
ACTIVITY FAIR SCHEDULED FOR TUESDAY, SEPTEMBER 22

I am writing this as a peer and fellow student. I feel every student should understand the importance of supporting, getting involved and being informed about the many different clubs and activities that the Delhi campus has to offer. There are many different activities are scheduled to take place and I feel its important as a student body we should all be involved.

Every year many clubs and organizations spend lots of money to host events and functions. Some of these events are successful some aren’t. We need to support one another and attend the different events that are hosted by these clubs because the E-board for these clubs are planning and working hard to put forth fun things to do. If we as a student body don’t support or attended these events the clubs or organization that are hosting them are losing money. If we want to enjoy the college life outside of the classroom we need to stick together as a campus and support and appreciate the value and efforts that are put in front of us. So as you read this know that there are people out there that care about student life outside of the classroom and there are people who work hard to put together many different things for us students to do. One of those people is Marty Greenfield, the Director of Student Activities. So all of the comics that visit, all of the jams (parties) and all of the guests that come to Delhi are because of the effort and time Marty and many other concerned College staff members put forth. So let’s be appreciative, and grateful of these things.

Start supporting and joining the many different clubs, groups and organizations our campus has to offer. College is only what you make of it. So make it the best experience you can have in life.

Remember education first...

Sincerely,

Joseph Rauch

To: The Students of SUNY Delhi

BUY YOUR TICKETS EARLY FOR ASHER ROTH AND SAVE MONEY

There really does seem to be a major buzz on campus about the upcoming appearance of Asher Roth on October 30. Student Programming Board officers report brisk ticket sales both on campus and through Ticketmaster. Roth’s live shows have been selling out at all of the major colleges he has appeared at including Rutgers, Ithaca, Cornell, and Tufts University, and his summer tour with Blink 182 was a big success.

SUNY Delhi students are reminded that a good way to save money is to purchase Asher Roth tickets early. Until October 1, tickets are only $12 each with your SUNY Delhi student ID at the Campus Store. There is currently no limit on the number of tickets that can be purchased per ID, but that policy is subject to change in the future. After October 1, student tickets will increase in price to $15 per ticket, and there may be a limit per ID.

Tickets for non-students are $20 per ticket in advance and will go up to $25 at the door. Non-students can buy their tickets at the Campus Store or on line at www.ticketmaster.com. Student discounts are available only through the Campus Store.

Be sure to read the next edition of the Campus Voice for a special contest where readers can win free concert tickets and other prizes and even a chance to meet Asher Roth.
Abbey Takes Spotlight in Resnick Learning Center

A new feature of the Resnick Learning Center is a bulletin board spotlighting an outstanding student who makes use of the center’s services. To be selected a student must have a high GPA, participate in the college community, and exhibit a commitment to his/her program of study.

September’s student is Abigail Abbey who is enrolled in the bachelor’s program in Hospitality and recently received a Merrill Family Scholarship and a SUNY Delhi Citizenship Award.

NEW FACULTY PUBLICATIONS ADDED TO LIBRARY COLLECTION

Peter A. Daempfe, Ph.D. – Associate Professor, SUNY Delhi

Theresa A. Middleton Brosche, MSN, BSN, RN, CCRN - Adjunct Instructor, SUNY Delhi

Intended for nurses in the clinical setting, this compact guide includes topics such as brief anatomy of the heart, depolarization, and repolarization, abnormal electrical conduction pathways, EKG leads and electrical activity, speedy six step method for twelve lead EKG analysis and more.

Albany – State University of New York Chancellor Nancy L. Zimpher announced she is recommending to the SUNY Board of Trustees that Mitch Leventhal be appointed vice chancellor for global affairs.

Subject to approval by the SUNY Board, Leventhal’s appointment will be effective September 15, 2009.

Leventhal will be responsible for developing and coordinating the University’s system-wide global academic strategy and operations, as well as representing SUNY’s global interests at a center to be developed in Manhattan.

“If the SUNY system is to be the model for the world, then we must strengthen our efforts in international education,” said Chancellor Zimpher. “Mitch Leventhal is the right person to enhance coordination of our international efforts and to break ground in developing new initiatives, and I look forward to presenting him to the SUNY Board.”

In partnership with the SUNY Provost, campus presidents and campus international academic affairs officers, Leventhal will enhance current SUNY system-wide programs and develop new ones in order to boost collaboration and international partnerships.

During Chancellor Zimpher’s recently-concluded tour of all 64 campuses, the subject of strengthening SUNY’s role in international education was a frequent topic of discussion.

“Mitch Leventhal is the right person to enhance coordination of our international efforts and to break ground in developing new initiatives, and I look forward to presenting him to the SUNY Board.”

In partnership with the SUNY Provost, campus presidents and campus international academic affairs officers, Leventhal will enhance current SUNY system-wide programs and develop new ones in order to boost collaboration and international partnerships.

“They and other SUNY Delhi Faculty and Staff publications are currently located in the Resnick Library Faculty Publication Display Cabinet.
CONGRATULATIONS to our “Explore Delhi” Winners from New Student Orientation!

$25 Barnes & Noble Gift Card – Tim Camacho
$25 Barnes & Noble Gift Card – Samantha Greco
Cheese Pizza from Cujino’s – Felisha Williams
$15 Gift Certificate to Pizza Factory – Robert Snyder
$15 Gift Certificate to Pizza Factory – Natalie Geier
$20 Gift Certificate to the Delhi Diner – Lea Montana
$20 Gift Certificate to the Delhi Diner – Penny Bishop
$15 Gift Certificate to Cujino’s – Sam Bowman
$15 Gift Certificate to Cujino’s – Michael Peters
$25 Gift Certificate to the Quarter Moon – Beth O’Rourke
$10 Gift Certificate to Main St. Cards & Gifts – Annie Introne
$10 Gift Certificate to Main St. Cards & Gifts – Rachael Sikora
$10 Gift Certificate to My Hero – Halima Cassell
$10 Gift Certificate to My Hero – Samantha Kuhne
$15 Gift Certificate to Tuna III – Dylan Thompson

DELHI DOLLARS GOES 3D!
You can now use your Delhi Dollars Account DOWNTOWN! That’s right, Delhi Dollars has gone 3D (DELhi DOLLars DOWNTOWN)! Please visit www.delhidollars.com to see where you can use your Delhi Dollars Account off campus. A Delhi Dollars Account provides you with an easy, safe and convenient way to make purchases at participating locations without having to carry around a bundle of cash. Let’s face it, college is expensive. Rather than being responsible for hundred’s of dollars, deposit your hard earned cash in a Delhi Dollars Account, and spend it using your college ID. Here’s how it works: First, open your Delhi Dollars Account. There is no fee to open a Delhi Dollars Account, but we do require a minimum opening deposit of $20. Simply go on-line to www.delhi.managemyid.com or stop by the CADI, 141 Sanford Hall, with your deposit. Once we receive your deposit, we’ll open your Delhi Dollars Account. Then, simply take your ID card to any of the following on-campus locations and ask the cashier to please put your purchase on your Delhi Dollars Account. As long as there is enough money to cover your purchase, you’re good to go!

- Campus Store
- MacDonald Hall Dining Center
- Cobblestone Market
- Cyber Cafe
- Campus Convenience
- Library Café
- ID office for replacement ID’s

Cash withdrawals or advances are not allowed.

The gently used and new clothing store
Resnick Library, 2nd Floor
All proceeds benefit the SUNY Delhi Scholarship Endowment
Over $14,500 raised to date!

Mon Tues Wed Thurs Fri
12-1pm 12-3pm 12-1pm 12-1pm 12-1pm

EVERYTHING $1.00!
Deli students with ID, buy one, get one free.
Quality donations of men’s, women’s and children’s clothing, jewelry and accessories always needed.
Drop off at the store.

Calling All Creative Types:
To celebrate the 10th Anniversary of the
O’Connor Center for Community Service

We are seeking artists and designers to compete in the development of a new, fresh logo. We want to be sure the new three color S.U.N.Y. Delhi logo is readable, and we need to have the name of the center proudly spelled out. The logo should look good both in color and in black and white, simple, yet striking!

Contact Rhonda at the Art Center or Elizabeth at the OCCS x4781

NEED A JOB?
Stop by Career Services in the Resnick Learning Center, 2nd floor Bush Hall across from the Library Cafe and check out the part-time job listing at:
www.delhi.edu/academicservices/career_services
It’s Your Library, Make the Most of It

Resnick Library Home Page at a Glance

The Resnick Library and homepage are sites we hope you visit often. Whether you are on campus or off, Resnick Library resources and services are available when you need them.

Access the Resnick Library Homepage

www.delhi.edu/library OR www.delhi.eduÆAcademicsÆLibrary

(Resnick Library is also available through Vancko Hall – look for an upcoming article on it!)

- “What’s New @ Resnick?”: Resnick Library blog provides current system status information and other noteworthy news.
- Left column: Note: some of these items are available through “Library Quick Links” further down the page.
  - Ask A Librarian: Go here for Library hours, FAQ, etc.
  - Find Books: Clicks to various catalogs: Resnick Library, SUNY, WorldCat
  - Find Articles: Clicks to electronic articles in databases
  - Find Website: Clicks to a variety of websites, search engines, reference materials (like dictionaries)
  - Cite Your Sources: most current abbreviated guides to correct APA & MLA citation formats (newly updated!)
  - Instruction: Workshops, Course Websites & Tutorials (noteworthy tutorials include: Creating Citations & Bibliographies, Scholarly vs. Popular Journals, and Using the Library Databases)

Suggest A Purchase

Looking for an item that is not in our Resnick Library catalog or may not even be available through Inter-Library Loan? Patrons can now quickly enter requests for new books, films, etc. through a new online web form. Just click on SUGGESTIONS>> on the left menu of Resnick Library home page (www.delhi.edu/library) to open up the form. Although not all requests can be honored, all will be considered (note: we do not order textbooks).

The request entered on this online purchase request form drops into the main library email account. A librarian will email you to let you know if we order it or not. Faculty: please remember to let us know if you want the item placed on reserve for your class (reserve materials can be used by students only in the library; faculty can check them out for personal use).

The Resnick Library catalog can be searched to see if something you requested has been ordered. Go to library home page, do a title or keyword search in the Quick Links box. If your title shows up, click on the far right “It is here!” It will display ON ORDER or IN PROCESS on the next screen (and no call number on the first screen).

As soon as new books or videos are cataloged and available for use, a call number will appear in the library catalog. You will also get an email from Maria Wesley letting you know your material is in the library.

Research Help Available 24/7!

Working on a project and need some answers? Resnick Librarians are available during normal business hours (except Saturday when the Library is open using student workers) via IM, phone, email or in person.

On the Resnick Library Homepage (www.delhi.edu/library), click the IM box on the lower right corner of the page to begin a chat. If you prefer, patrons may call the Reference Desk at (607) 746-4644.

Help is also available during non-operational hours. AskUs! 24/7 is a service which matches librarians throughout the country with our patrons when the physical library is closed. Just click on the AskUs! Logo to begin an IM chat. The librarian on call has access to our catalog and can assist you when it is most convenient for you.
Men and Women’s Cross Country Teams Off & Running

Coach Justin Wood Pleased with Strong Start to Season

The Delhi Broncos men and women opened up their cross country seasons at Colgate University competing against NCAA Division I schools Syracuse University, Bucknell University, and Colgate University & NCAA Division III Schools Nazareth College and Utica College. The men had a strong showing on the 4 mile course finishing 4th overall beating Nazareth College and Utica College. Three freshman led the way with Jason Phillips (Moravia NY) finishing 36th, Zavior Brown (Pine Bush NY) in 38th, and Lyle Haywood (Nyack NY) in 41st.

Runner Place Time
Jason Phillips 36 22:22.00
Zavior Brown 38 22:28.00
Lyle Haywood 41 22:38.00
Will Ennis 50 23:06.00
Steve Challacombe 51 23:08.00
Brandon Kinsman 56 23:22.00
Tim Scudds 57 23:25.00
Mike Cauwels 60 23:31.00
Nick Lynch 71 24:15.00

The women were led by a 31st place finish by freshman Nicole Darling (Jordan Elbridge NY). Nicole’s time of 18:08 over the 4200 meter course was the fastest ever run by a female Delhi runner on the Colgate course and the 5th best freshman time overall. Freshman Hannah Backus (East Merideth, NY) was Delhi’s number 2 runner finishing in 51st with a time of 19:26. Sophomore Danielle Metz (Commack NY) finished in 61st with a time of 20:47.

Runner Place Time
Nicole Darling 31 18:08
Hannah Backus 51 19:26
Danielle Metz 61 20:47
Britleigh Levens 63 20:49
Ann Ward 69 21:50
Brianne Cunningham 80 23:38

In their first match of the season, the Lady Broncos fell behind Onondaga Community College, only to fight back and win the match 3-2. Following their first victory of the season, the team traveled to Alfred State to compete in a Quad Match which included three teams ranked in the National Top Ten poll for NJCAA Division III Volleyball. The first match of the day had Delhi facing #5 Alfred State, who is the defending Region III champions. The team fought hard and came away with a 25-21, 25-19, 25-20 victory. In the second match of the day, Delhi fell behind two sets to none against #9 Monroe Community College. However, the team showed their resilience and came back to win the match 24-26, 21-25, 25-23, 25-22, 16-14. The final match of the quad had Delhi facing #8 Nassau Community College, who is the defending Region XV champion. The team jumped out to a 17-7 lead in the first set, only to see Nassau overcome the deficit and win the set 25-21. The Broncos fought back to win the second set, however they lost the match by the scores of 21-25, 25-21, 19-25, 11-25. The team returned home to face Mountain Valley Conference opponent Hudson Valley Community College on September, 9th and easily won the match 25-8, 25-4, 25-18. The team is off to an outstanding 4-1 start, and will be traveling to compete at the always tough Mohawk Valley Community College Tournament on September 12th. The next home match will be on Wednesday, September 23rd, at 6pm versus Tompkins-Cortland Community College. Please come out to show your support as the team looks to continue its pursuit of a championship season!

Manage My ID.com

How many Delhi Dollars do I have left?
How many meals do I have left for the week?
How many Bronco Bucks do I have left?
How can I add money to my Delhi Dollars or Bronco Bucks?
Manage My ID can answer all these questions and more.

Manage My ID provides a secure and convenient way to add money to your Delhi Dollars and Bronco Bucks accounts via the internet! It also allows students to view their meal plan usage and account balances.

Please check out the following website for details:
https://delhi.managemyid.com
**Do’s & Don’ts**

By: Caitlin Hefner, Lisa Knapp and Brenna Leskody

**DO!**

Go to the activity’s fair Tuesday, September 22 in the Clark Field house. Come see the 60 plus clubs you can join instead of watching hours of America’s Next Top Model reruns.

**DON’T!**

Let your boyfriend/girlfriend overstay their welcome in your room. I understand that you’re “studying” anatomy but there is a world out there. Go outside and get some fresh mountain breeze and let your roommate study.

**DO!**

Be grammatically correct. “Mines” is not a word and “a lot” is two words. We’re in college ladies and gents let’s hope we don’t go to a job interview talking like a hick.

**DON’T!**

Shuffling around in the last 5 minutes of class is obnoxious. Your teacher is given a set amount of time to teach you. Oprah is on for an hour guys you can miss her five minute introductions and her free car episode isn’t on till Christmas time.

**DO!**

Do change up your outfits day-to-day. It may not be obvious but wearing the same outfit more than once a week looks grubby. Freshen up by visiting Regalia in the library....everything is only dollar.

**DON’T!**

Plaster your face with makeup ladies!! No guy likes a girl that looks like a marionette unless they’re partially blind.

**DON’T!**

Slack off. You will be kicked out of school and will have to write an appeal letter. Writing an appeal letter is not something to gloat about either. Margarita Mondays and Thirsty Thursdays can wait till after the homework is done and the weekend is here.

**DO!**

Be courteous. If you’re eating in the Agora, clean up your trash. No one wants to sit at the table that has Italian dressing all over it.
Here are five songs that always remind me of the beginning of school:

1. I’m Eighteen – Alice Cooper
   It seems like only yesterday when you were blasting “School’s Out” but here we are all together for another great year at Delhi. Alice really captured what it means to be in between adolescence and adulthood in this classic track from 1970.

2. We’re Going to Be Friends – Originally by The White Stripes, redone by Jack Johnson
   This is a great song that was featured in Napoleon Dynamite and Curious George which is pretty self explanatory…it’s about making friends.

3. Welcome to Paradise – Green Day
   Before Green Day sold out to the masses, they were a pretty tight band that produced tight punk music. This track is about adjusting to a new surrounding that has a tasty little break-down before the final verse.

4. Pictures of Home – Deep Purple
   I received a Deep Purple box set for a high school graduation present in ’99, and though this song is about home sickness, I’ve always associated my school as home since the day I left my parents’ house!

5. Be True To Your School –The Beach Boys
   This 1963 gem is the cornerstone of any great pep rally! Even though we don’t have a football team to support, don’t forget all the great Bronco athletic teams you can support.

If you want to talk music, drop by and see me in Thurston 203 or just say hi at the Activity Fair on September 22!

The two of them each bring two different genres of music together, reggae and hip hop, and some samples of African music, making an amazing collaboration. Currently they are in the finishing stages of releasing their full length CD together entitled Distant Relatives. On the album you will hear a lot of issues concerning Africa, which is why they came together; to bring awareness. You can listen to a track off of the Distant Relatives album called “As We Enter” at www.myspace.com/distantrelatives, and judge for yourself. Right now there is still no date of when the album will be released but keep a look out because these two are going to blow up!

John Huber, Assistant Director Student Activities

Jessica Kelly

Over the summer I got to experience a hip hop festival commonly known as Rock The Bells. There I got the pleasure of witnessing a collaboration unlike any other; Nas and Damian “Jr. Gong” Marley. You may know Nas by such hits as “Hip Hop is Dead” and “If I Ruled The World”. Damian Marley is known for winning a grammy for his hit album Welcome To Jamrock, and most people know him as the youngest son to legend reggae artist, Bob Marley. Nas and Damian have worked together before on “Road To Zion” a track on the album Welcome To Jamrock.

New Music

TIME BANDIT CAPTAINS SCHEDULED TO APPEAR
OCTOBER 1ST – 7 PM CLARK FIELD HOUSE

Even though they are two of the most unlikely TV stars ever to come out of the current reality show craze, their popularity can not be doubted. This fact has proven true to SUNY Delhi Student Programming Board members ever since announcing that co-captains Johnathan and Andy Hillstrand of the Time Bandit will be appearing on campus.

These two brothers who make their living fishing the Bearing Sea for crab, cod, halibut, and salmon in one of the world’s most dangerous and deadly jobs have become TV stars and media celebrities because of their show “The Deadliest Catch” that is seen on the Discovery Channel. Their highly rated and award winning show will be back for another season and the anticipation is high among their many fans.

SUNY Delhi SPB members began work during the early part of last Winter to try and secure a date on their brief speaking tour, and were fortunate enough to book the popular duo to appear on Thursday night, October 1 at 7 PM in the Clark Athletic Center. At that time Johnathan and Andy will be telling some inside stories about their lives, and the TV show, as well as talking in depth about becoming two of the world’s most unlikely TV stars.

Interest has been tremendous since the announcement was made about their appearance at SUNY Delhi, and a large crowd is expected. Admission will be free with your SUNY Delhi student ID, and admission for guests will be $5.00. Don’t miss this great chance to get up close and personal with two very amazing and interesting people who risk their lives every time that they go to work.
The Freshmen Corner:
Get to know your fellow peers.

Interview by: Ariana Lubelli
Photography by: Cindy Siefert

Packing your bags and moving your life to a new home can seem hectic! The freshmen corner is a chance for you to get to know a potential friend. Learn about other freshmen’s views and common interests.

Meet Brittney Vazquez!

Where are you from?
>Bronx, NY

What types of changes did you find most difficult when moving to Delhi?
>Coming from the city to a small town like Delhi was a huge transition! I had difficulties adjusting to the simple things; the change in food, scenery, people, ascents, and even the water.

What orientation activity did you find most helpful when meeting new people?
>Thiink gathering in our “animal print” groups was most effective for me. When we weren’t doing large group activities, we always met in a more private setting. It gave me a chance to become more acquainted with people. I learned about their background and personal views.

What Residence Hall do you live in and what are the positive and negatives of that hall?
>I live in Gerry Hall. I would have to complain about doing my laundry here. With only two laundry rooms for three floors, it can get chaotic down there. Everything else is pretty good. My whole floor is girls so we keep it clean, which is definitely a positive.

What is your favorite food in “MAC”?
>I really enjoy Chinese food so the white rice station they have set-up is my favorite!

What are you majoring in?
>I am in The Veterinary Science Program. I think Delhi is a great place for Vet Sci. students. The Farm is nearby so we actually get the chance to interact with the animals we study, rather than just learn about them. This type of live-study would definitely not be available in the city.

People all around Campus are raging about the Sororities/ Fraternities of SUNY Delhi, Do you think you will “go Greek?”
>Being an only child, I have never experienced the benefits of sisterhood so I am definitely interested in joining a Sorority. I always wanted a sister!

Do you wish to include contact information where fellow students can reach you at?
>Yes, e-mail me at B_Vazquez22@stumail.delhi.edu or you can search me on facebook, Brittney Vazquez.

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New Years Even in Amsterdam!

USE THIS CODE AND SAVE $$ ON ALL TRIPS!

WWW.EFCollegebreak.com

See Paris FRITSC5990
Chills and runny nose. It is caused by a virus similar to the flu viruses on it and then touch your own mouth or nose.

Counseling and Foreman Hall

by Tammy Peters

Ever wondered what those articles are about that the faculty writes about using the counseling center? Well this is my student perspective on this subject, and I hope it can inspire many of you to seek the guidance you may need. This is my fourth and final year here at SUNY Delhi, and until last Spring, I had never used the counseling services available here at our school. Using them was one of the best decisions I have ever made. I was in need of someone to point me in the right direction, and the counselors at the health center were more than willing to be there for me. Today, I need another student looking for guidance. When I spoke with her she said she just wanted someone to talk to, and there was a counselor there to do that. Right in the middle of campus, just up those stairs next to Alumni Hall are four counselors who are ready and willing to help you with anything you need. Counseling is available for any and every student at SUNY Delhi, and best of all, it’s FREE, so don’t let this opportunity pass you by. Foreman Hall is a safe place to go and talk to someone about your problems, and everything is confidential except where required by law.

So why should you go to the Counseling center? There are many reasons why students may need to seek guidance, and many students might not even know why they need it, but that’s what our counselors are here for. A lot of you are probably thinking, “I don’t want someone to just ask me how I feel!” Well the counselors at SUNY Delhi won’t ask you that obsessively. They will give you the chance to tell them how you feel. There is no pressure; it’s a “CHILL ZONE”.

Some of the most common reasons for students to seek counseling services are roommate problems, depression and anxiety, homesickness, relationship problems, academic concerns, loneliness, sleep problems, sexual identity, grief issues, general personal concerns, eating disorders, and substance use and abuse; however they would be willing to speak with you about almost anything. I have personally spoken with a counselor about everything from my parents breaking up, to how my classes are going. Students are encouraged to seek counseling for anything that they feel they need assistance with. Even if it is just trying to find a new job, the counselors in the health center could probably help to lead you down the right path. The SUNY Delhi counseling center is all about just that, leading students towards the right path, rather than letting them continue down the wrong one. Students can seek individual counseling in all of these matters, and are even offered couples counseling for relationship counseling. There is also group counseling offered for students with the same concerns such as AA, Self-Esteem and Fitness, and Adult Children of Alcoholics (ACOA), where there is trust between the students that confidentiality will be respected for each and every student. If the counseling center staff does not believe that they possess the resources to help a student, they may refer the student to other services.

The last point that I feel is necessary to stress to college students is how to deal with your friends not seeking counseling. No student should have to deal with their own problems and their friends. If your friend keeps coming to you with these problems and you cannot help them, seek counseling yourself. The counselors will be able to help you get your friend into counseling, and make your life a lot easier. We are college students, and we have issues we need to deal with, but there are only so many things you can handle, and our Resident Assistants are college students as well. You can go to them with your roommate issues, and minor issues to an extent, however, the way to seek the best advice is to seek counseling. When speaking with Murphy Hall Senior Resident Assistant Kasey Carpenter, he stated, “If someone is having serious issues we are not taught and are not expected to act as their counselors. We have very trained professionals at the health center. If someone who needs help comes to an RA our best advice is to send them there.” And Kasey is completely right, so please don’t burden your friends, as this can be harmful to their college experience too, but if you are the friend, please seek counseling advice to help yourself and your friend.

So who are these counselors? The director of Counseling and Health Services is Lori Osterhoudt, M.S. Ed. Lori has been working here the hardest to ensure that every student has an equal opportunity to succeed by ensuring that the counseling services remain the best they can possibly be. Mary Wake, LMHC, CASAC, NCAC II, is the assistant director of Counseling Services, and received a Chancellor’s Award last year. Christian Vesterfelt, MSW, and Cathy Harris, LCSW are the two other counselors at the counseling center, and are both ready to speak with students any time. You can make an appointment to meet with them by calling (607)746-4690, or stopping by Foreman Hall.

When I first began here at SUNY Delhi, I never thought I would seek counseling, but now that I have been using it for almost a year, I know that I might not have been ok without it. Use these services while you are young because you might not have this opportunity ever again. Start on the right path at this point in your life, and the detours will hopefully remain minor. Someone once told me this quote that I think applies to this topic very well... “There might be some construction along the way, but it’s always better on the other side.” The counseling center at SUNY Delhi is available to help you find that other side. So even if you’re just looking for someone to talk to, stop by Foreman Hall to ask about the counseling services and set yourself up with an appointment. It could be the best decision you ever make.

Foreman Hall
Email: healthservices@delhi.edu
Phone number: 607-746-4690
Hours: Monday – Thursday: 8:30 – 6pm, Friday 8:30 – 4:30pm.

DON’T LET THE FLU CATCH YOU!!

What is H1N1?
H1N1 (“swine flu”) is caused by a virus similar to regular (seasonal) flu. The illness can cause fever, cough, sore throat, tiredness, body aches, chills and runny nose. It first made the news in March 2009, originating in Mexico where it was passed from pigs to humans. It eventually spread into the United States. Most of the reported cases have been mild, and generally people have recovered with little or no medical intervention.

How does it spread?
It spreads when a sick person coughs or sneezes. You can also get infected by touching something with the flu viruses on it and then touching your own mouth or nose.

How do I protect myself and others from H1N1?

Don’t get too close to people who are sick. If you get sick yourself, avoid close contact with other people.

Cover your nose and mouth when you sneeze or cough. Most importantly remember to wash your hands well and frequently with soap and water or an alcohol-based hand cleaner.

Avoid touching your eyes, nose or mouth.

How is H1N1 different from seasonal flu?
It is different in the sense that the flu we usually see is seasonal and targets the elderly. H1N1 tends to target the younger population. Also, because it is a new virus it poses more of a threat due to the fact that people have not acquired any natural immunity.

What do I do if I develop flu-like symptoms?
Contact Health Services in Foreman Hall. We will do an evaluation on you and offer solutions to help ease your symptoms. It is not necessary to go the emergency room unless you have severe symptoms, such as:

Trouble breathing or shortness of breath. Pain or pressure in the chest or stomach. Bluish skin color or dizziness or confusion. If you are pregnant or have health problems such as diabetes, asthma contact Health Services or your health care provider to see if you need medicine for the flu. The medicine used to treat flu is an antiviral. Antibiotics do not cure the flu.

Is there a vaccine to prevent H1N1?
There is a vaccine that is predicted to be released some time in late October or early November 2009. The vaccine will be offered to those considered to be high risk first. Pregnant women, children 6 months -2 years (especially those with health problems) and health care workers are considered high risk. The vaccine should be given with the regular annual flu vaccine.

For more information and updates check out our web site at http://www.delhi.edu/campus_life/health_services
FAMILY DAY SCHEDULED FOR SEPTEMBER 26

For more information and to make reservations, check out the Family Day Web Page that can be found by going to www.delhi.edu and following the link

http://www.delhi.edu/campus_life/family_day/index.php

CHECK IN AND WELCOME RECEPTION
Agora, between Farrell & Bush Halls - 10 am-2 pm

BARNES AND NOBLE CAMPUS STORE
Sanford Hall - 10 am - 6 pm

FAMILY DAY GOLF OUTING: Pre-Registration & Separate Fee Required SUNY Delhi Golf Course

DELHI’S COMMUNITY HARVEST FESTIVAL
Downtown Delhi - 10 am-4 pm
Enjoy a fall festival of food, over 60 vendors, and activities on the quaint Village Green & Main Street. A shuttle bus or van will leave every 15 minutes from the front of Bush Hall and Village Green.

QUILTS ALONG THE DELAWARE
Delaware County Historical Association Route 10, Delhi - 10 am-4 pm
Quilts will be on display from the Delaware County Town and Country Quilters and D.C.H.A.’s antique quilt collection. There will be demonstrations, as well as lunch available. There is a $3.00 admission, shuttle service every 15 minutes from the front of Bush Hall and the Village Green.

*I CE SKATING IN FALL*
Agora - 10 am - 4 pm
There’s no need to wait until winter to put on a pair of ice skates and take a spin around our synthetic ice rink. It’s just like the real thing, only nowhere near as frosty.

“CRUISE IN” CAR SHOW
Auto Lab, Lower Campus - 11 am-2 pm
Visit the Decker Automotive facility for a peek at vintage automobiles. Join in judging “best in show”. A shuttle bus or van will leave every 15 minutes from the front of Bush Hall.

DR. CUE’S BILLIARDS TRICK SHOT SHOW
DuBois Hall - continuous shows 11 am - 4 pm
Be amazed by Tom Rossman, aka “Dr. Cue”, The World Champion Trick Show Artist as seen on ESPN.

*BALLOON SCULPTURE ARTISTS*
Between Gerry and Dubois - Noon - 5 pm
Learn the secrets behind the balloon show and see the balloon entertainment by well-known artists

*FAMILY PORTRAIT KEY CHAINS*
Outside Evenden Tower Lobby - 11 am - 4 pm
Don’t forget to take home a family portrait encased in a keychain as a nice souvenir of Family Day 2009.

*EXTREME AIR-Sky Diving Simulator*
Bush Hall Parking Lot - 11 am - 4 pm
If you’ve ever wanted to experience the thrill of sky diving without leaving the ground, then you will want to check out this attraction. As seen on David Letterman, and in the “Mission Impossible” movies.

TOM KESSENICH’S “SNAKES ALIVE!”
Murphy Hall - Noon - 3 pm
This is your chance to learn about and handle exotic reptiles, snakes, and amphibians.

*ROVING PHOTOGRAPHERS* Be sure to visit one of the roving photographers and have your family photo taken which you can pick up later in the day. Tip: Photos in front of one of the wonderful ice carvings created by the Escoffier Club are always popular!

CHAINSAW ARTIST DEMONSTRATION
Just listen for location! Noon - 4 pm
Art takes many forms...rip it up with this demonstration!

*ICHABOB’S HORSE DRAWN CONVEYANCE*
Leaving from behind Farrell Hall - Noon - 4 pm
Experience the beauty of Fall in the Catskills while enjoying the ambiance of a horse-drawn wagon ride.

FAMILY FITNESS
Sports Recreation Center (aka Clark Field House) Noon - 6 pm
Get pumped together in SUNY Delhi’s state-of-the-art Fitness Center. Ages 16 and up only.

*LITTLE SIBS LAND*
Between Gerry and Dubois - Noon - 5 pm
Bounce around for a while, try the giant slide or any one of the fun games especially for our little brothers and sisters who’ve come to spend the day visiting. Sponsored by the Greek Council.

FAMILY MOVIE: “UP”
The summer’s great family flick!
Evenden Tower Pit - 12:30-2:15 pm
Come watch the fun and cheer on the SUNY Delhi Broncos male team.

TAP INTO STUDENT-CENTERED TECHNOLOGY
Bush Hall 131 - 1- 2 pm
Learn about parent resources on the college’s website, Bronco Web (where you can check your student’s schedule, grades and Financial Aid) and the CAPP Degree Evaluation online program which helps your student track earned credits as well as requirements yet to be completed for graduation.

JUGGLING EXHIBITION AND INSTRUCTION
Agora - 1 - 3 pm
It will be guaranteed fun for the whole family as the members of “A Different Spin” dazzle the audience with their juggling skills. After the show is over, stick around for a hands-on workshop and instruction that will have you performing your own exhibition in no time at all!!!

MOM & POP DIP Kunsela Hall Pool - 1 pm - 4 pm
Make a SPLASH at Family Day. All parents, children and family members are invited to enjoy the college pool at no charge.

ACADEMIC HONORS RECEPTION
Resnick Library - 2 pm
A special reception for parents to enjoy with their students who have earned Honors or High Honors.

ANDREW SIMMONDS WILDLIFE SHOW
O’Connor Hall - Two shows: 2:24:5 pm and 3:3- 4:5 pm
Join this acclaimed wildlife rehabilitator for an up close and personal look at several exotic and unusual species. Learn interesting animal facts from the host of the PBS series “Wildlife with Andrew Simmonds” and a frequent guest on Good Morning America, Today, and the CBS Morning Show.

*“THINK-FAST”*
Catkis Hall Great Room - 2:30 - 3:45 pm
A combination of “Family Feud”, “Jeopardy” and “Trivia”, this electronic game show is guaranteed to be fun for the entire family. Form a team, and compete for over $300.00 in prizes.

THE FIRE SHOW
Outside Clark Field House - 4-4:30 pm
A Different Spin presents an amazing exhibition of skills as multiple artists juggle various flaming objects all choreographed to music. Remember kids (and moms and dads to), don’t try this one at home!!

*DINNER, SHOW AND DANCE*
Clark Field House - 4:30 pm - 8:30 pm
(BBQ Dinner served continuously 4:30 pm-6:00 pm) End the day with a wonderful sit down dinner and enjoy the music of Dr. K’s Motown Revue. After dinner, prepare to be astonished by world famous psychic entertainer Robert Channing and his audience participation show “Mysteries of the Mind”. After Robert is done, the dance floor opens as Dr. K’s 12 piece band returns with the high energy part of their show guaranteed to get you up and busting a move!

SPECIAL FAMILY SUNDAY BRUNCH
September 27th
Adults $8.50; Children 12 and under $6.25
MacDonald Hall - 10 am - 2 pm Enjoy a delicious brunch with your student to complete your weekend together. Get tickets at the hot dog cart on Family Day or on Sunday of at Mac Hall. Thanks for coming. Have a GOOD TIME!!

*schedule subject to change*

*Wristband Required Events, Must Purchase Family Day Tickets
Association of General Contractors of America Performing Community Service at the Center Street School in Oneonta

Photos by Deana Kani, President AGC
Honor Society invites all clubs to participate in sidewalk drawing!!

by Bobby Jewett

I would like to welcome all new and returning students. My name is Bobby Jewett and I am the president of the Honor Society here at SUNY Delhi. Last semester many of you may remember the sidewalk drawings that were around campus. This semester I would like to encourage all clubs in our community to get involved in this activity.

Chalk will be available on Monday the 28th of September in the Resnick Library. The week of the 28th will be when the art work will take place. Each club may choose their own theme. I ask that you keep it clean and respectful.

Resident Assistants should encourage students to decorate around dorm buildings. The cigarette containers are being used although I still see a lot of butts around. Let’s try and keep Delhi clean. Thank you for your time and I hope to see all of you with chalk in your hand on Monday the 28th.

Reminder: Honors society meets every Monday at 4:45 in the reading room of the Resnick Library. If you are an honor student I encourage you to attend.

Come Join the Drama!

Meetings: Wednesdays at 7 between Gerry and Dubois.

Any questions, or just want to know more? Contact Sarah at s_devine54@stumail.delhi.edu
You can’t censor the President of the United States of America

by Molly Foley

Last Tuesday, President Obama addressed the nation’s youth via Video Broadcast, live from Wakefield High School in Arlington, Virginia. The broadcast was to be a personal yet professional Back-to-School lecture with Barack Obama. For days there was an overwhelming influx of complaints from parents concerned that Obama’s speech would be intended to “brainwash children with liberal propaganda”. One Youtube user went as far as to declare September 8th NOBAMA Day and urged viewers to keep their children home from school. Sit tight America; I think we’re safe for now. In the end the decision was left up to the school districts.

Some districts chose not to show the live broadcast, to let the students decide with their parents. That would simply not do for one Goshen high school history teacher Dan Van Cura, who felt it was critical that the students got Barack’s message, as it was addressed to them. So he found a loophole in the schools policy. He opted for a muted version of the broadcast, and passed out handouts of the speech.

Party affiliation and Political ideologies are not taught in schools usually until 12th grade, the platform he is standing on is indifferent to them. He mentioned other insightful stories that Children their age look up to. “Some of the most successful people in the world are the ones who’ve had the most failures. J.K. Rowl- ing’s first Harry Potter book was rejected 12 times before it was finally published; and Michael Jordan was cut from his high school basketball team...” But the influence of a prominent role model, such as that of the president is enormous. The self fulfilling prophecy he can project; that these kids are special, that we need them, need them educated, that the future of society depends on it and if nothing else their President believes in them. “...Every single one of you has something you’re good at. Every single one of you has something to offer. And you have a responsibility to yourself to discover what that is...” He emphasized the meaning of hard work and determination, sharing accounts from his own childhood. It’s approximated that roughly 184,000 people viewed the broadcast live. Just In case you missed it, here’s Obama’s Message to you.

...So today, I want to ask all of you, what’s your contribution going to be? What problems are you going to solve? What discoveries will you make? What will a President who comes here in 20 or 50 or 100 years say about what all of you did for this country?.. The full text can be retrieved at www.whitehouse.gov

Don’t Be NABbed

As most of you are aware the use of the internet and e-mail comes with threats to both your personal and systems security. The attempts at getting innocent people to provide secure information happens everyday and are getting more sophisticated. I have received three just this week. Some words of advice:

N ever - Never provide logins, passwords, SSN, DOB etc. in an e-mail. There is NO legitimate company that would make this type of request through e-mail. SUNY Delhi has had multiple e-mail scams (“Phising”) that look like communications, e-mails and even webpages from Visa, DHL, Fed-ex, E-Bay, PayPal, Amazon, LL Bean, Verizon and the I.R.S. !

A lways - Always assume a request for sensitive information is a scam. Always report these immediately to the HelpDesk.

B eware - Beware of the people that do this, they will get BETTER and BETTER. They can duplicate our login pages, they can make it look like a credit card company, they will always try to out smart those that are trying to protect you.
Community Service Update
continued from front page

a lively discussion with our senior neighbors about what we remembered about the terrible
day of 09/11/01, while they had a meal provided
in part with locally grown organic produce
provided by the Delaware Opportunities Food
Bank Garden.

On September 11, 2009 we wrapped up the
commemorating with a service event trip to
the garden to do some weeding and harvesting
of beans, squash, cucumbers, and chard at the
Food Bank Garden with a group of Bronco vol-
unteers willing to get down and dirty. Despite
the rain and mud, we had fun and the weather
actually turned sunny for us!

Community Service Day
Saturday, October 17th

Don’t forget to mark your calendars and
put on your community service caps for
Community Service Day!

Stop by the
O’Connor Center, 201 Thurston Hall
and find out what great events we have planned, or bring us your ideas and we
can make them happen!

Don’t Miss It!
The Student Activities Fair
Tuesday, September 22nd
7 - 10 pm
Clark Field House
Check out the
Student Activities Fair
& Learn ALL About
ALL the great clubs at
SUNY Delhi

Community Service Day
Saturday, October 17th

Many thanks to all those who participated in the American Red Cross Blood Drive in
Murphy Hall on September 9th. SUNY Delhi has a long and proud blood donor history
but set a new record this semester with 111 units of blood donated.

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JOIN US
Thursdays
@ 5:15 pm
201 Thurston Hall

Writers:
Molly Foley
Jessica Kelly
Lisa Knapp
Brenna Leskody
Ariana Lubelli
Tammy Peters

Sean McAlister
and fellow SUNY Delhi volunteers
gave valuable assistance to Farm
Fair at the West Kortright Centre,
a performing arts center in East Meredith.

DON’T MISS IT!